

Under the Patronage of H.E. Dr. Ibrahim Al-Bdour, Minister of Health



مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN

4th Levant Endocrinology and Diabetes Congress

In conjunction with

The 12th International Congress of the Jordanian Society of
Endocrinology, Diabetes, and Metabolism

The 7th Palestinian Conference for Endocrinology & Diabetes

📍 Le Royal Hotel (Amman, Jordan)

Enriching Achievements in Diabetes and
Endocrinology for a Bright Future



الجمعية اللبنانية لأمراض الغدد
الصم والسكري والدهنيات
LSEDL
LEBANESE SOCIETY
OF ENDOCRINOLOGY
DIABETES AND LIPIDS

Welcome Message

Dear Colleagues and Friends,

On behalf of the Organizing and Scientific Committees, it is our great pleasure to welcome you to the **4th Levant Endocrinology and Diabetes Congress**, held in conjunction with:

- **The 12th International Congress of the Jordanian Society of Endocrinology, Diabetes, and Metabolism**
 - **The 7th Palestinian Conference for Endocrinology & Diabetes**
- to be held **from 12–15 November 2025 at Le Royal Hotel, Amman – Jordan.**

This important regional event will feature a rich four-day scientific program bringing together leading endocrinologists, diabetologists, internists, family physicians, cardiologists, and allied health professionals from across the Levant and beyond.

The congress will highlight the latest updates and innovations in endocrinology, diabetes, and metabolism through **plenary lectures, interactive symposia, case discussions, workshops, and e-poster sessions**, presented by distinguished local, regional, and international experts.

A comprehensive medical exhibition will accompany the congress, showcasing the latest advancements in pharmaceuticals, medical devices, and diagnostic technologies. It will provide an excellent platform for exchange between healthcare professionals and industry partners.

Beyond academic excellence, this congress offers a unique opportunity to network, strengthen collaborations, and enjoy the renowned **hospitality and cultural heritage of Amman, Jordan.**

We extend our sincere gratitude to all participants, sponsors, and supporting organizations whose contributions make this event possible. We look forward to welcoming you to Amman for what promises to be an outstanding scientific and professional gathering.

With warm regards,



Dr. Abdel-Karim Khawaldeh
**President, Jordanian Society for
Endocrinology, Diabetes, and
Metabolism**



Dr. Sufyan Baseet
**President, Palestinian Society of
Endocrinology & Diabetes**



Levant Steering Committee

Prof. Abdulkarim Al-Khawaldeh - [Jordan](#)
Associate Prof. Fares Haddad - [Jordan](#)
Associate Prof. Munther Momani - [Jordan](#)
Assist. Prof. Muwafag Al-Hyari – [Jordan](#)

Dr. Abdulsalam Abu-Libdeh - [Palestine](#)
Dr. Sufian Basit - [Palestine](#)

Prof. Dr. Abbas Mahdi Ahmah - [Iraq](#)
Prof. Dr. Hazim Abdulrazak – [Iraq](#)

Dr. Mazyar Jabbar - [Kurdistan, Iraq](#)
Prof. Dr. Taha Mahwi -[Kurdistan, Iraq](#)

Dr. Mireille El Amm – [Lebanon](#)
Prof. Dr. Akram Ehtay - [Lebanon](#)

Dr. Reem Murad – [Syria](#)
Dr. Lama Hadid - [Syria](#)

Levant Scientific Committee

Dr. Abdulsalam Abu-Libdeh – [Palestine](#) Chair
Associate Prof. Fares Haddad – [Jordan](#) Co-Chair
Prof. Rasha Odeh – [Jordan](#)
Prof. Hazim Abdulrazak - [Iraq](#)
Dr. Dina Madah – [Lebanon](#)



Local Organizing Committee

Abdelkarim Khawaldeh, MD - President

Abdallah Aleyadeh, MD

Ahmad Kheir, MD

Ahmad Al Omari, MD

Ali Alzoubi, MD

Amal Madanat, MD

Basim Al Zoubi, MD

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Firas Annabi, MD

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Mohamad Zaheri, MD

Mohammad Abu-Hijleh, MD

Mohammad Juma Ibrahim, MD

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Mousa Abu-Jbara, MD

Muris Barham, MD

Musaddaq Ahmad Hasan, MD

Muwafag Al-Hyari, MD

Nadim Jarrah, MD

Nadima Shegem, MD

Nahla Khawaja, MD

Nidal Khateeb, MD

Nisrin Saadeh, MD

Omar Malkawi, MD

Rashad Nasser, MD

Rasha Odeh, MD

Rania Alasa'd, MD

Rula Goussous, MD

Sami Haddad, MD

Sima Al-Kalaldeh, MD

Yahya Azam, MD



Scientific Committee

Fares Haddad, MD

Co-Chair

Munther Momani, MD

Co-Chair

Ali AlZou'bi, MD

Firas Annabi, MD

Muris Barham, MD

Nadim Jarrah, MD

Rami Salameh, MD

Rasha Odeh, MD

Khaldoun Alsarihin, MD

Rula Goussous, MD

Dana Hyasat, MD

Social Committee

Nahla Khawaja, MD **Chair**

Lama Shahan, MD

Renad Awad, MD

Zeina Maani, MD

Rania Alasa'd, MD



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المركز الوطني للسكري والغدد الصم والوراثة
National Center for Diabetes, Endocrinology and Genetics



Congress Topics

- Endocrinologists
- Diabetologists
- Pediatric Endocrinologists
- Internists
- Pediatricians
- Cardiologists
- Nephrologists
- Family Physicians
- General Practitioners
- Clinical Researchers
- Diabetes Educators
- Nutritionists

Target Audience

- Endocrinologists
- Diabetologists
- Pediatric Endocrinologists
- Internists
- Pediatricians
- Cardiologists
- Nephrologists
- Family Physicians
- General Practitioners
- Clinical Researchers
- Diabetes Educators
- Nutritionists



Registration Fees

USD 300
per person

Includes:

- Access to the opening ceremony, scientific sessions, exhibition, lunches, and coffee breaks during the congress
- Congress bag with certificate of attendance, abstract book, and final program
- Meals Plan: Dinner on 12 November; Lunches on 13, 14, and 15 November 2025

Accommodation

Le Royal Hotel (Congress Venue)
Five-Star Accommodation

Single Room

USD 210

per room per night

(inclusive of service charge, sales tax, and
buffet breakfast)





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Scientific Program





Wednesday
12 november 2025



PRE-CONGRESS NURSES' DIABETES AND ENDOCRINOLOGY EDUCATIONAL COURSE

NURSES SESSION II

Hamurabi Meeting Room B3

Organized by The Jordanian Society for The Care of Diabetes (JSCD)

13:00-13:10

Opening Remark

13:10-13:25

Comprehensive Approach in Diabetes Care.

Dr. Nadima Shegem-Jordan

N1

13.30-13:40

Insulin Therapy, Glucose Monitoring, and Hypoglycemia Management.

Dr. Muries Barham-Jordan

N2

13:40-13:55

Effective Diabetes Education and Patient Communication.

Ms. Manal Aadham Diabetes Educator - Jordan

N3

13:55-14:10 Coffee Break

14:10 -15:00

Hands-on Training & Interactive Session

Practical stations covering:

Insulin injection techniques and site rotation

Glucose monitoring (capillary testing and interpretation)

Hypoglycemia recognition and emergency response

Role-play on effective patient communication

N4

15:00-15:15

Wrap-up and Discussion

Summary of key learnings and participant reflection

N5



Wednesday
12 november 2025



A WORKSHOP WITH ROCHE DIAGNOSTICS JORDAN EARLY DETECTION OF HEART FAILURE IN DIABETES

Hamurabi Meeting Room B3

17:00-17:10

Arrival & Welcome Address

Farah Moghli

17:10-17:35

What is NT-proBNP and its various indications?

Prof. Hanna Al Makhamreh

17:35-18:00

Risk Stratification in Diabetes & Guidelines

Prof. Hussam Alhawari

18:00-18:20

Economic Impact of Early Screening in Diabetic Patients

Mustafa Mahmoud

18:20-19:00

Discussion, Q&A

Mustafa Mahmoud & Farah Moghli



Wednesday
12 november 2025

OPENING CEREMONY برنامج حفل الافتتاح

- 16:00 السلام الملكي
- 16:05 تلاوة آيات من الذكر الحكيم
- 16:10 كلمة اللجنة العلمية، الدكتور **عبدالسلام أبو لبدة**، فلسطين /
الدكتور **فارس حداد**، الأردن
- 16:15 كلمة الدكتور **سفيان البسيط**، رئيس الجمعية الفلسطينية
لاختصاصيي الغدد الصماء
والسكري
- 16:20 كلمة الدكتور **هيثم الحسن**، الرئيس الفخري للجمعية
الفلسطينية للغدد الصم والسكري،
عضو المجلس الصحي الفلسطيني الأعلى
- 16:25 كلمة الدكتور **عبدالكريم الخوالدة**، رئيس المؤتمر، ورئيس
الجمعية الأردنية للغدد الصماء والسكري وأمراض الاستقلاب
- 16:30 كلمة عطوفة الدكتور **عيسى الخشاشنة**، نقيب الأطباء
الأردنيين
- 16:35 كلمة معالي الدكتور **إبراهيم البدور**، وزير الصحة - راعي الحفل
- 17:00 - 16:35 افتتاح المعرض الطبي وحفل الاستقبال

عريف الحفل
الدكتور **رانيا الأسعد**



Wednesday
12 november 2025

17.00-17:45

STATE OF THE ART LECTURE

Moderator **Dr. Abdelkarim Khawaldeh**

MITOCHONDRIA: A PROMISING THERAPEUTIC TARGET FOR OBESITY AND COMORBIDITY; MELATONIN ROLE

Prof. Ahmad Agil Abdalla-Spain

17.50-19:00

Moderator **Dr. Nadima Sheqem**

THE CARDIOMETABOLIC APPROACH: A HOLISTIC MANAGEMENT FOR TYPE 2 DIABETES

Dr. Eduard Montanya Mia-Spain



S1

19:10-20:40

Moderators **Dr Ahmad Kheir, Dr Nadim Jarrah**

Dr. Feras Ennabi

SIMPLIFYING THE MANAGEMENT OF T2DM PATIENTS WITH TRAJENTA IN MONO AND COMBO

Dr. Ahmad Kheir-Jordan



Boehringer
Ingelheim

S2

OPTIMISING THE MANAGEMENT OF CRM PATIENTS WITH EARLY USE OF JARDIANCE

Dr. Feras Ennabi-Jordan

TRANSFORMING KIDNEY HEALTH WITH JARDIANCE: LESSONS FROM THE EMPAKIDNEY

Dr. Nadim Jarrah-Jordan

20:40

Dinner





Plenary Session 1 Ishtar Hall

Thursday
13 november 2025

Moderators

**Dr. Mujali Ahmad, Dr. Sima Al-Kalaldeh
Dr. Nancy Falah-Palestine, Dr. Fadi Ayyash**

PEDIATRIC /ASPED SESSION

08:30-08:50

PREVENTION OF T1DM

Dr. Asma Deeb-UAE

P1

08.50-09:10

APPROACH TO THYROID NODULES IN CHILDREN

Dr. Walid Kaplan-UAE

P2

09:10-09:30

TRANSITION OF ADOLESCENTS WITH T1DM FROM PEDIATRIC
TO ADULT CARE

Dr. Rasha Odeh-Jordan

P3

09:30-09:50

TYPE II DIABETES IN ADOLESCENTS

Dr. Abdelsalam Abu Libdeh-Palestine

P4

09:50-10:20

DEBATE: LONG VS SHORT-ACTING GH FOR CHILDREN WITH GHD

Dr. Walid Kaplan-UAE- For Short Acting

Dr. Asma Deeb-UAE- For Long-Acting

P5

10:20-10:50

Coffee Break



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Thursday
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Plenary Session 2 Ishtar Hall

Moderators

Dr Sufian Basit-Palestine, **Dr. Ahmad Al Omari**
Dr. Hazim Abdulrazak-Iraq, **Dr. Amal Madanat**

DM COMPLICATIONS

10:50-11:10

DIABETIC NEUROPATHY: AN UPDATE

Prof. Riyaz Malik-Qatar

P6

11:10-11:30

UPDATES ON DYSLIPIDEMIA IN T2DM

Prof. Muhammad Abdufarha-Kuwait

P7

11:30-11:50

METABOLIC DYSFUNCTION-ASSOCIATED STEATOTIC LIVER
DISEASE (MASLD): ROLE OF SGLT2 INHIBITORS

Prof. Mohammad Abdul Ghani-USA/ Palestine

P8

11:50-12:10

DIABETIC RETINOPATHY: CONTEMPORARY MANAGEMENT AND
OUTCOME

Prof. Riyaz Malik-Qatar

P9

12:10-12:30

TRANSLATING EVIDENCE TO PRACTICE: OPTIMIZING EARLY
MANAGEMENT IN PREDIABETES

Dr. Fares Haddad-Jordan

P10



Thursday
13 november 2025

12.30-13.00

Abbott Symposium
Hall B

S3

Moderator **Dr. Muwafag Al-Hyari-Jordan**

ELEVATING T2DM CARE: HARNESSING CONTINUOUS GLUCOSE
MONITORING FOR SMARTER TREATMENT DECISIONS

Dr. Jihad Haddad-Jordan

13:00-14:15

Moderator **Dr. Mohamad Juma**
Dr. Taroub Koury

AstraZeneca 

S4

REDEFINING OUTCOMES FROM T2D TO CKD

Dr. Mohammad Juma Ibrahim-Jordan

RESIDUAL CARDIOVASCULAR RISK IN DIABETES: ARE WE DOING ENOUGH
BEYOND STATINS?

Dr. Kais Balbissi-Jordan

THE JORDAN CKD CHRONICLES: CONSENSUS, COLLABORATION,
STANDARDIZATION, COST-CUTTING, AND CARE REVOLUTION IN ONE
EPIC INITIATIVE

Dr. TAROUB KHOURY & Dr. Bashar Al Qusous - AZ-Jordan

14:15-15.00

Lunch



Thursday
13 november 2025

Plenary Session 3 Ishtar Hall

SUPPORTED BY AN EDUCATIONAL GRANT FROM MERCK

MERCK

Moderators

Dr. Abdallah Aleyadeh, Dr. Zeina Maani, Dr. Fozat Shunnaq

THYROID

15:00-15:0

GRAVES DISEASE; MEDICAL MANAGEMENT: OLD AND NEW PLAYERS

P11

Prof. Grigoris Effraimidis-Greece

15:20-15.40

THYROID DISORDER ACROSS THE LIFESPAN: FROM SUBCLINICAL STATES TO COMPLEX MANAGEMENT IN SPECIAL POPULATIONS

P12

Prof. Haider Fadhil-Iraq

15.40-16:00

ATA GUIDELINES 2025 CLINICAL CONTENT

P13

Dr. Hussam Al Hawari-Jordan

16:00-16:20

UNCONFUSING HIGH FREE T4 IN THE PRESENCE OF NORMAL TSH

P14

Prof. Grigoris Effraimidis-Greece

16:20-16:40

CLINICAL EXPERIENCE WITH NON-SURGICAL MANAGEMENT OF THYROID NODULES

P15

Dr. Mohammad Badran-Jordan

16:40-17:00

Coffee Break



Plenary Session 4 Ishtar Hall

Thursday
13 november 2025

Moderators

Dr. Khaldoun Alsarihin, Dr. Akram Ehtay-Lebanon
Dr. Aref Abu Rmeila-Palestine

ADRENALS & ENDOCRINE

17:00-17:20

FIVE REASONS FOR THE FAILURE TO DIAGNOSE ALDOSTERONE
EXCESS IN HYPERTENSION

P16

Prof. George Piaditis-Greece

17:20-17:40

PITFALLS IN PARATHYROID LAB RESULTS INTERPRETATION WITH
TS CLINICAL IMPLICATION

P17

Dr. Sherif El Hawary-Egypt

17:40-18:00

SUB CLINICAL HYPERCORTISOLISM; TREATMENT; CLINICAL
IMPLICATIONS AND LONG-TERM OUTCOME

P18

Prof. George Piaditis-Greece

18:00-18:20

ADRENAL HYPOFUNCTION; CLINICAL IMPLICATIONS AND
MANAGEMENT UPDATES

P19

Dr. Sherif El Hawary-Egypt

18:30 - 19:15

Moderators **Dr. Firas Annabi**

IMPORTANT THINGS TO KNOW ABOUT
HYPERTENSION

Dr. Imad Al Haddad-Jordan



Jordan
Drugstore

S5





Plenary Session 5 Ishtar Hall

Friday
14 november 2025

Moderators

Dr. Basim Al Zoubi, Dr. Lama Hadid-Syria
Dr. Najwa Abdelhaq-Palestine, Dr. Tamara Kfouf

PEDIATRIC ENDOCRINOLOGY

08:30-08:50

PRECISION MEDICINE IN MONOGENIC DIABETES

Dr. Abdulhadi Habib-KSA

P20

08:50-09:10

SHORT STATURE: Interesting cases from the clinic

Dr. Hala Tfyli-Lebanon

P21

09:10-09:30

LESSONS IN PEDIATRIC ENDOCRINOLOGY

Dr. Abdulhadi Habib-KSA

P22

09:30-09:50

DELAYED PUBERTY: Clinical Approach & New insights into pathophysiology

Dr. Hala Tfyli-Lebanon

P23

09:50-10:10

CENTRAL PRECOCIOUS PUBERTY:
LONG-TERM OUTCOMES OF GnRH α THERAPY ON GROWTH,
BONE DENSITY, AND REPRODUCTIVE HEALTH

Dr. Marlen Nino-Jordan

P24

10:10-10:30

Coffee Break



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14 november 2025

Plenary Session 6 Ishtar Hall

Moderator

Dr. Nidal Khatib, Dr. Muries Barham
Dr. Mohammad Zeidan-Palestine, Dr. Reem Murad-Syria

DYSLIPIDEMIA & ORAL COMMUNICATIONS

10:30-10:40

DEPRESSION AND DISTRESS IN PALESTINIAN PATIENTS WITH
TYPE II DIABETES: A CROSS-SECTIONAL STUDY FROM A DIABETES
CENTER IN PALESTINE

P25

Dr. Neveen Shalalfa-Palestine

10:40-10:50

OFF-LABEL USE OF SEMAGLUTIDE FOR WEIGHT REDUCTION

P26

Dr. Eyad Qunaibi Phd

10:50-11:05

UNUSUAL ENDOCRINE PRESENTATION OF UNUSUAL TUMORS

P27

Dr. Anas Ghareb Aburmilah-Palestine

11:10-11:40

LEQVIO -ADVANCING LIPID
MANAGEMENT IN ENDOCRINOLOGY

 **NOVARTIS**

S6

Dr. Muries Barham-Jordan

11:45-12:15

MANAGING DYSLIPIDEMIA LOOKING BEYOND
LDL CONTROL

 **Abbott**

S7

Dr. Nidal Khatib-Jordan

12:20-14:00

FRIDAY PRAYER AND LUNCH



Friday
14 november 2025

13:30-14:30

LEVANT BOARD MEETING

Hamurabi Meeting Room B3

14:00-15:00

ULFA PHARMA CO.

S8

Moderator

Dr. Omar Abu Hijleh, Dr. Osama Okkah

ACT NOW FOR YOUR DYSLIPIDEMIA PATIENTS

Dr. Osama Okkah-Jordan

WHAT WE CAN LEARN FROM ATOS PRO STUDY

Dr. Omar Abu Hijleh-Jordan



Friday
14 november 2025

Plenary Session 7

Ishtar Hall

Moderators

Dr. Ali Alzoubi, Dr. Haytham Al Hasan-Palestine

DIABESITY

15:00-15:20

COMORBIDITIES ASSOCIATED WITH OBESITY: DM

Dr. Amin Jayyousi-Qatar

P28

15:20-15:40

RECENT DEVELOPMENTS IN GLP1-RA

Prof. Mohammad Abdul Ghani-USA/ Palestine

P29

15:40-16:00

ENTERING A NEW ERA IN WEIGHT MANAGEMENT: INTEGRATING
OBESITY PHARMACOTHERAPY; ROLE OF SEMAGLUTIDE 2.4 MG

Dr. Rashad Nasser-Jordan

P30

16:00-16:20

FAVORABLE AND UNFAVORABLE METABOLIC CHANGES AFTER
BARIATRIC SURGERY

Dr. Mohammad Al Zeitawi-Jordan

P31

16:20-16.40

COFFE BREAK



Plenary Session 8

Ishtar Hall

Friday
14 november 2025

Moderators

Dr. Mohamad Zaheri, Dr. Sami Haddad, Dr. Rula Goussous

DM

16:40-17:00

THE DAMAGED FILTER: A DEEP DIVE INTO PROTEINURIA IN DM

Dr. Hiba Barghouti-Jordan

P32

17:00-17:20

UPDATED GUIDELINES ON T2DM MANAGEMENT

Dr. Amin Jayyousi-Qatar

P33

17:20-17:40

ADJUNCT THERAPIES TO INSULIN T1DM

Prof. Mohammad Abdul Ghani-USA/ Palestine

P34

17:40-18:00

CAUGHT IN THE LOW: A PALESTINIAN EXPERIENCE OF NAVIGATING REFRACTORY INSULINOMA IN NET PATIENT

Prof. Alaa Attawna-Palestine

P35

20:00-23:00

OFFICIAL DINNER BY INVITATION





Plenary Session 9

Ishtar Hall

Saturday
15 November 2025

Moderators

Dr. Fawaz Ammari, Dr. Nisrin Saadeh, Dr. Omar Malkawi

ANDROLOGY

8:30-8:50

SEXUALITY AND THE BRAIN

Prof. Gergopoulos Neoklis-Greece

P36

8:50-9:10

LATE ONSET HYPOGONADISM

Dr. Ali Rawahneh-Jordan

P37

9:10-9:40

ANOREXIA NERVOUSA; HORMONAL, CLINICAL, AND METABOLIC
OUTCOME

Prof. Gergopoulos Neoklis-Greece

P38

9:40-10:00

MANAGEMENT OF ERECTILE DYSFUNCTION

Dr. Ali Rawahneh-Jordan

P39

10:00-10:30

COFFEE BREAK



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Saturday
15 november 2025

Plenary Session 10

Ishtar Hall

Moderators

Dr. Hisham Jarbough, Dr. Hala Awani, Dr. Yahya Azam, Dr. Dina Zaqqa

BONE HEALTH AND DISORDERS

10:30-10:50

BONE HEALTH IN PREGNANCY AND AFTER

Dr. Marelen Chakhtora-Lebanon

P40

10:50-11:10

GLUCOCORTICOIDS INDUCED OSTEOPOROSIS: AN UPDATE

Prof. Taha Mahwi-Kurdistan-Iraq

P41

11:10-11:30

BONE HEALTH IN BREAST AND PROSTATE CANCER

Dr. Marelen Chakhtora-Lebanon

P42

11:30-11:55

THYROID DISEASE AND BONE HEALTH

Dr. Mohammad Juma Ibrahim-Jordan

P43

12:00-13:00

GLYCEMIC CONTROL AND ITS IMPACT ON
DIABETES OUTCOMES

Dr. Rami Salameh-Jordan



S9

13:00-14:00

CLOSING REMARKS /LUNCH



POSTER 1

GLUCAGONOMA PRESENTING AS NECROLYTIC MIGRATORY ERYTHEMA

Dr. Sanaa Al Shorman, Department Of Dermatology, Prince Hamza Hospital, Amman, Jordan

POSTER 2

CALCIPHYLAXIS IN PRIMARY HYPERPARATHYROIDISM: CASE REPORT

*Dr. Sanaa Al Shorman
Department Of Dermatology, Prince Hamza Hospital, Amman, Jordan*

POSTER 3

VITAMIN D DEFICIENCY IN TYPE II DIABETIC PATIENTS IN JORDAN: A RETROSPECTIVE LONGITUDINAL STUDY

*Eman Adnan Al-Kamil¹, Abdullah Alregeb², Hala Qawasmeh²,
Hazim Alkousheh², Lian Al-Hyary², Taha Mahmoud Obeid², Hamza K. Alsalhi^{2*}*

1: Associate Professor, Community Medicine, Faculty Of Medicine, The Hashemite University, Zarqa, Jordan

2: Md Candidate, Faculty Of Medicine, The Hashemite University, Zarqa, Jordan

POSTER 4

NECROBIOSIS LIPOIDICA IN A DIABETIC PATIENT

Dr Raed Al Khateeb Diabetic Center Prince Hamza Hospital





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Biography





الجمعية الفلسطينية
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Abdulsalam I. Abu-Libdeh, M.D, MPH

Consultant Pediatricians & Pediatric Endocrinologist

Current Hospital employment:

- Consultant Pediatrician & Pediatric endocrinologist.
- Head of Pediatric Endocrinology unit at the Department of Pediatrics, Makassed Hospital, Jerusalem, Palestine.

Academic employment: -

- Assistant Professor of Pediatrics & Pediatric Endocrinology at the School of Medicine, Al-Quds University.

Certifications & Licensing: -

- Palestinian Board in Pediatrics on 2001
- Jordanian Board in Pediatrics on 2004
- Palestinian Board in Pediatric Endocrinology on 2010
- Master's in Public Health on 2021
- Licensed to practice medicine in Palestine on 1995

Membership & organizations: -

- Vice President of Pediatric Society – Palestine.
- Member of the Pediatric Scientific Committee of the Palestine Medical Council (PMC). Participated in preparing and conducting Part I and Part II exams of the PMC.
- President of Palestinian society of Endocrinology & Diabetes.
- Palestine representative of ASPED (Arab Society for Pediatric Endocrinology & Diabetes).
- Secretary General of Union of Arab Pediatric Societies (UAPS).
- Head of Scientific committee for the Medical Association of Palestine.
- Member of the E-Learning Committee of the European Society of Pediatric Endocrinology (ESPE).
- Assistant Editor-in-Chief of the IPA Newsletter 2021-2023.
- Member of Scientific Research Council (2021).

Publications and Research Activities:-

- 32 publications in peer-reviewed journals.
- Participated in studies for the use of GLP-1 in pediatric diabetic patients and currently participating in ongoing study for the use of DPP4 inhibitors in pediatric diabetic patients.



Abdelhadi Habeb **MD, MRCP (UK), FRCPCH, MSc**

Dr Habeb is a Pediatric Endocrinologist and the Chair of the Regional Pharma and Therapeutic Committee at the National Guard, Madinah, KSA. He chaired the pediatric department for 8 years and set in various local and regional committees. Dr Habeb is the Secretary General for the Arab Society for Paediatric Endocrinology and Diabetes (ASPED) and a fellow and examiner for the UK Royal College of Pediatrics and Child health. He is an editor for Pediatric Diabetes Journal, an associate editor for Journal of Pediatric Genetics and the coordinator of the ASPED-ESPE Endocrine Academy. His research focuses on monogenic diabetes and published in different aspects of Paediatric Endocrinology.



مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. M. Ahmad Agil Abdalla

Profesor (Catedrático)

Department of Pharmacology and Institute of Neuroscience
Faculty of Medicine (Tower)



Ahmad . S. A. Kheir, MD, PhD

Senior Consultant Endocrinologist & Diabetologist

Positions Appointments:

Consultant Chairman of the Department Endocrinology & Diabetes and Metabolism 1989–2002 AL-Bashir Hospital (M.O.H)

Senior Consultant Endocrinologist, 2002 – Present Private Clinic

Past President of the Jordanian Society of Endocrinology, Diabetes & Metabolism (JSED)

The Jordanian Society for the Care of Diabetes –
Former Vice President

General Secretary & Chairman of Scientific Committee - Jordan
Society of Internal Medicine

Membership in Professional & Scientific Organization:

- Member Of American Diabetes Association
- Member Of British Society of Endocrinology & Diabetes
- Member Of Arab Society of Endocrinologist & Diabetes
- Member Of AACE



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Alaa Attawna, M.D.

- Assistant Professor of Medicine
Al-Quds University, Jerusalem, Palestine.
- Internist & Endocrinologist
Augusta Victoria Hospital, Jerusalem, Palestine.
- Endocrinologist, Al Mezan Hospital, Hebron, Palestine.



مؤتمر المشرق العربي للرابع للمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Ali Alrawahneh

Consultant Urologist & Andrologist

Fellow of the Royal College of Surgeons (Urol)-Edinburgh

Fellowship in Andrology – UCLH-London

Member of American Society of Reproductive Medicine

Member of European Academy of Andrology



Dr. Anas G. A. Abu Rmilah

Endocrinologist, Diabetologist & Internist

Board-certified Endocrinologist and Internist with extensive experience in managing endocrine and metabolic disorders. Trained at leading centers in Jordan and Palestine with strong clinical, diagnostic, and academic expertise in endocrinology, diabetes, and internal medicine.

Education & Certifications

Fellowship in Endocrinology and Diabetes – Jordan Hospital, JCED & NCDEG, Amman (2015–2018)

- Jordanian Board of Endocrinology, Diabetes & Metabolism (Feb 2018)
- Palestinian Board of Endocrinology & Diabetes (Mar 2019)

Residency in Internal Medicine – Jordan Hospital, Amman (2010–2014)

- Jordanian Board of Internal Medicine (Sep 2014)
- Arab Board of Internal Medicine (Mar 2015)
- Palestinian Board of Internal Medicine (2016)

Professional Experience

Hebron University, college of medicine - Assistant professor of Medicine(2024 till now)

Al- Quds university, college of medicine - Assistant professor of medicine (2019-2023)

Al-Ahli Hospital, Hebron, Palestine – Endocrinologist & Diabetologist (Jan 2018– Present)

Private clinic , Hebron, Palestine - Endocrinologist (2020 till now)

Jordan Hospital, Amman, Jordan

- Endocrinology Assistant, JCED (2015–2018)
- ICU Physician, Part-time (2015–2018)
- Internist, Emergency Department (2014–2015)

Al-Ahli Cardiovascular Center, Hebron – Internal Medicine Department (2008–2010)

Professional Memberships

- Jordanian & Palestinian Boards of Endocrinology, Diabetes & Metabolism
- Jordanian Society of Endocrinology, Diabetes & Metabolism
- American Association of Clinical Endocrinologists (AACE)
- Arab, Jordanian & Palestinian Boards of Internal Medicine



Asma Deeb

Asma Deeb, is the Chair of Paediatric Endocrinology and the Chair of the Research Ethics Committee at Sheikh Shakhbout Medical City, Abu Dhabi, United Arab Emirates. She is a clinical professor of Paediatrics at Khalifa University, Abu Dhabi and the Gulf University, Ajman, UAE. Prof Deeb is the current president of the Arab Society of Paediatric Endocrinology, a former chair of communication at the European Society of Paediatric Endocrinology and a former advisory member at the International Society of Paediatric and Adolescents and diabetes (ISPAD). She is an executive member of the Global Society of Paediatric Endocrinology and the international society of paediatric and adolescent diabetes. She is an Associate Editor of Pediatric Diabetes and an editorial board member of Diabetes technology and treatment. Prof Deeb is a keen researcher and has multiple peer reviewed publications in the field of paediatric endocrinology and diabetes. She has significant leadership skills that expands nationally and internationally and has received multiple distinguishing awards as a clinician, researcher and leader.



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Prof. Eduard Montanya - Spain

Professor of Medicine at the University of Barcelona
Head of the Diabetes Section at Bellvitge University Hospital

Eduard Montanya is Professor of Medicine at the University of Barcelona, Senior Consultant at Bellvitge University Hospital, and Coordinator of the Diabetes and Metabolism Research Program at Bellvitge Biomedical Research Institute (IDIBELL), Barcelona, Spain.

Dr Montanya's main research interests in diabetes are the regulation of beta-cell mass and function, new drug treatments and advanced therapies. He has been Chair of the Islet Study Group of the Spanish Diabetes Association, President of the Catalan Diabetes Association, Secretary of the Islet Study group of the European Association for the Study of Diabetes, ad-hoc member of the Scientific Committee of European Union Innovative Medicines Initiative (IMI2 JU), President of the Diabetes Advisory Council of the Health Department of Catalonia and Scientific Director of the Spanish Network of Biomedical Research Centers in Diabetes and Associated Metabolic Diseases (CIBERDEM)



Prof. Eyad Qunaibi

- Prof. Eyad Qunaibi is a Professor of Pharmacology, a graduate of the University of Houston (USA), and conducted his PhD research at the Texas Medical Center.
- He has authored dozens of internationally published papers and is a co-inventor on two patents in the field of wound healing.
- He is the author of PharMedTerm, a reference in medical and pharmaceutical terminology.
- He currently serves as lecturer, advisory board member, and General Supervisor of the International Research Mentorship Program at MedOne Academy.
- He delivers global training courses on medical research, AI-assisted scientific writing, Cell and Gene Therapy, and other advanced skill-building topics.



مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Fares H. Haddad

MD. MRCP, FRCP (EDIN), FRCP (UK),FACE

Senior Consultant Physician,Endocrine & Diabetes

Abdali Medical Center / Endocrine & Diabetes Clinic

President of Jordan Physician for Osteoporosis Society (JPOS)

Vice President of Jordan Society of Endocrine and Diabetes (JSED)



Dr. Firas Annabi, MD FACE, Jordan

- Consultant Endocrinologist and Diabetologist
- Head of Division of Endocrinology at Islamic Hospital
- President-Elect of AACE / Jordan Chapter
- Board member of the International Diabetes Prevention Group
- Program Director of Internal Medicine Department 2009-2016
- Fellow of American College of Endocrinology Since 2012
- Jordanian Board in Endocrinology
- Jordanian Board in Internal Medicine
- Several Publications in Indexed International Medical Journals



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



George Piaditis

Greece

Medical School, University of Athens, Greece.
Specialist Qualification in Endocrinology-Diabetes, Athens, Greece.

PRESENT POSITION:

Director: Department of Endocrinology, Diabetes and Metabolic diseases. Henry Dunant Hospital Center, 107 Mesogeion AV, 115 26, Athens, Greece.

Trainee in Internal Medicine:

1. Registrar in General Hospital of Athens 'Red Cross'
2. Senior Registrar in General Hospital of Athens 'G. Gennimatas'

Trainee in Endocrinology:

1. Research fellow in St Bartholomew's Hospital Medical School, London England.
2. Registrar, Senior Registrar in Middlesex Hospital Medical School, London England.
3. PhD: St Bartholomew, s Medical School, University of London, England.

PREVIOUS POSITION

Head of the Department of Endocrinology & Diabetes Center, General Hospital of Athens, 'G. Gennimatas' (for 20 years). It was the most active department of Greece with many international publications. The last 15 years our clinical research was focused on aldosterone secretion and the prevalence of primary aldosteronism in hypertension.



Georgopoulos Neoklis

Georgopoulos Neoklis is an Endocrinologist, Professor of Endocrinology, Reproductive Endocrinology of Patras Medical School. He is married, he has two daughters, he lives constantly in Patras, Greece and he is an amateur collector of wild mushrooms. Trained in Reproductive Endocrinology in Harvard Medical School he is constantly involved in the diagnosis, treatment and research of hypothalamic-pituitary disorders, namely GnRH deficiency, hypothalamic amenorrhea (anorexia nervosa, athletic and stress amenorrhea), PCOS, etc. He has over 100 international publications, based on his clinical and basic molecular research work. Over the last years part of his research work is devoted to the clinical and molecular basis of female sexuality. His work has gained worldwide recognition with more than 15 research awards, reviewer invitations in more than 40 international medical journals and more than 200 lectures in national and international medical meetings. As an amateur of history and philosophy, with a special interest in Greek literature, he has published more than 10 papers in international medical journals on a modern medical interpretation of ancient Greek myths and classical reports of disorders of sexual development and ambiguous genitalia



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Grigoris Efferimidis

I graduated from the Medical School of the University of Thessaly in Greece and completed my residency in Endocrinology at the Department of Endocrinology, Diabetes and Metabolism of “Evangelismos” General Hospital in Athens, Greece. Since then, I have worked as an Endocrinologist both in Greece and Denmark, including positions at the Department of Endocrinology and Metabolism at Copenhagen University Hospital – Rigshospitalet and Amager-Hvidovre University Hospital.

In 2012, I obtained my PhD from the University of Amsterdam in the Netherlands. My doctoral thesis, titled “Early Stages of Thyroid Autoimmunity”, is available at: <https://hdl.handle.net/11245/1.385929>.

In addition to my research in thyroid disease, since 2018 I have also been involved in projects related to Fabry disease, conducted at the Department of Endocrinology and Metabolism at Rigshospitalet, which serves as the National Danish Referral Center for Fabry Disease.

I currently hold the position of Assistant Professor of Endocrinology at the Faculty of Medicine, University of Thessaly in Greece, and I served as a Senior Researcher at the Department of Medical Endocrinology at Rigshospitalet University Hospital, Copenhagen, Denmark.



مؤتمر المشرق العربي للرابع للمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Haidar Fadhil Al-Rubaye

Iraq

Assistant professor Dr Haidar Fadhil Al-Rubaye

Director of the National Diabetes Center - Mustansiriyah University,
Baghdad

General Secretary of the Iraqi diabetes and endocrine association

Assistant Dean of College of medicine, Mustansiriyah University



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Hala Tfayli, MD

Hala Tfayli, MD is an Associate Professor of Clinical Pediatrics, and Chief of Division of Pediatric Endocrinology at the American University of Beirut (AUB), Lebanon. She received her MD from the American University of Beirut in 2001, completed residency training in Pediatrics at Upstate Medical University, Syracuse, NY, USA in 2005 and fellowship training in Pediatric Endocrinology at Children's Hospital of Pittsburgh of UPMC, PA, USA in 2008. She joined the faculty at Children's Hospital of Pittsburgh of UPMC until 2010 before moving back to AUB. She is American Board certified in Pediatrics and in Pediatric Endocrinology. Dr Tfayli runs a busy pediatric endocrinology practice in addition to her teaching and research responsibilities. She has special interest in childhood diabetes, insulin resistance and PCOS. She is a consultant at the Chronic Care Center, an NGO that provides multidisciplinary care to the majority of children with type 1 diabetes in Lebanon. She also advises the growth hormone prescribing policies for the pediatric age group at the Ministry of Health, Lebanon. She has several publications in peer reviewed journals, and she participated as an invited speaker in several international and regional meetings including ENDO society, ESPE, ISPAD, IDF, AACE and ASPED.



مؤتمر المشرق العربي للرابع للمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Hiba Barghouthi, MD

Consultant Nephrologist

Vice President, Jordanian Atherosclerosis & Hypertension Society

Clinical Director, Division of Nephrology at

Abdali Hospital,

Co-Director, Abdali Comprehensive Hypertension Center



Hanna Makhamreh

Professor in Cardiology at the University of Jordan.

Dr Al-Makhamreh is the Director of Cardiology at Jordan University Hospital. He is American boarded in Cardiology and Interventional Cardiology. He runs a private clinic at Al-Saudi Hospital in Amman.



مؤتمر المشرق العربي للرابع للمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Imad A. Alhaddad **MD, FACC, FACP**

Chairman: Cardiovascular Department
The Jordan Cardiovascular Center
Jordan Hospital. Amman-Jordan



Hussam H. Alhawari, MD, FACE, ECNU

Head, Department of Internal Medicine
Professor of Medicine, Endocrinology, Diabetes and Metabolism
University of Jordan School of Medicine
Amman-Jordan

Certifications

- 08/1995 – High School Diploma from Irbid Secondary School with average 97.0%.
- 06/2001 – Bachelor of Medicine and Surgery Diploma. Jordan University of Science and Technology (JUST).
- 06/2003 – Educational Commission for Foreign Medical Graduate Certificate (ECFMG).
- 06/2005 – Intern in Internal Medicine. University of Arkansas for Medical Sciences (UAMS).
- 06/2007 – Resident in Internal Medicine. University of Arkansas for Medical Sciences (UAMS).
- 08/2007 – American Board Certification in Internal Medicine (ABIM). Recertified in 10/2018.
- 06/2009 – Fellow in Endocrinology, Diabetes and Metabolism. University of Arkansas for Medical Sciences (UAMS).
- 10/2009 – American Board Certification in Endocrinology, Diabetes, & Metabolism (ABIM). Recertified in 10/2019
- 10/2010 – Endocrine Certification in Neck Ultrasound (ECNU).
- 05/2014 – Fellow of the American College of Endocrinology (FACE).
- 10/2014 – Jordanian Board Certification in Endocrinology, Diabetes and Metabolism.

Work Experience

- 2001 – 2002: Internship year at the Ministry of Health – Jordan.
- 2004 – 2007: Internal Medicine Internship and Residency. University of Arkansas for Medical Sciences (UAMS).
- 2007 – 2009: Endocrinology Fellow. University of Arkansas for Medical Sciences (UAMS).
- specialists center (AMES), Cox Health System. Springfield, MO.
- 2014 – 2019: Assistant Professor of Medicine and consultant endocrinologist, division of endocrinology, diabetes and metabolism, University of Jordan School of medicine.
- 2019 – 2024: Associate Professor of Medicine and consultant endocrinologist, division of endocrinology, diabetes and metabolism, University of Jordan School of Medicine.
- 2024– Present: Professor of Medicine and consultant endocrinologist, division of endocrinology, diabetes and metabolism, University of Jordan School of Medicine.
- 2021 – Present: Head- department of Internal Medicine which includes eight divisions in internal medicine subspecialties: Cardiology, Gastroenterology, Pulmonary and critical 2 care, Endocrinology, Rheumatology, Hematology/Oncology, Infectious disease and nephrology.



مؤتمر المشرق العربي الرابع للأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Jihad Haddad

Dr. Jihad Haddad Consultant Endocrinologist M.D, Ph.D.



Dr. Kais Al Balbissi **MD, FACC, FSCAI**

Interventional Cardiology Consultant

Education and Training

- Interventional Cardiology Fellowship at Mayo Clinic - Rochester
- Cardiovascular Medicine Fellowship at East Tennessee State University
- Internal Medicine Residency at East Tennessee State University
- Bachelor's Degree in Medicine and General Surgery at Jordan University of Science and Technology

Professional Experience

- Associate Professor in Internal Medicine at East Tennessee State University

Previous Professional Experience

- Director of Interventional Cardiology at East Tennessee State University
- Chairman of Cardiology Department at Johnson City Medical Center
- Cardiovascular Medicine Fellowship Program Director at Jordan University of Science and Technology
- Internal Medicine Residency Program Director at Jordan University of Science and Technology
- Cardiovascular Medicine Fellowship Associate Program Director at East Tennessee State University
- Director of Non-Invasive Cardiac Lab at Johnson City Medical Center
- Director of STEMI Program and Chest pain Center at Johnson City Medical Center



Certifications

- American Board Certified in Interventional Cardiology
- American Board Certified in Cardiovascular Medicine
- American Board Certified in Internal Medicine
- American Board Certified in Echocardiography
- American Board Certified in Nuclear Cardiology
- Level II Certified in Cardiac CT Angiography
- Arab Board Certified in Cardiovascular Medicine
- Jordanian Board Certified in Cardiovascular Medicine



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Marlene Chakhtoura

is an Assistant Professor of Clinical Medicine, and the Director of the Clinical Research Institute, at the American University of Beirut- Lebanon Her research interest revolves around bone health, weight management and the interplay between the two. She is well published in first-tier journals, and has received several awards, for her contributions to the field. Most recently, she was recognized by the International Osteoporosis Foundation for her work on osteoporosis and vitamin D guidelines.



Dr. Marlin Nino Nawas

Consultant Pediatrician & Endocrinologist

Dr. Marlin Nino Nawas, Consultant Pediatric Endocrinologist and Diabetologist, holds the Jordanian Board in Pediatrics and the American Fellowship in Endocrinology and Diabetes. The doctor worked at the University of Jordan and the Jordanian Ministry of Health, then went to the United States of America to obtain a fellowship, and then returned to Jordan to work in the private sector since 1992. The doctor is a member of the European Society of Endocrinology, the American Pediatric Society, the American Endocrinology Society, and the Jordanian Pediatric Society .



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Mohammad A. Al-Zetawi

Consultant General, Bariatric & Laparoscopic Surgeon

- Fellow of the American College of Surgeons (FACS)
- Fellow of the International College of Surgeons (FICS)
- Member of the European Society of Surgery
- Member of the American Society of Breast Surgeons
- Member of the American Society for Metabolic and Bariatric Surgery (FASMBS).
- Affiliated with IFSO in 2018
- Affiliated with the Jordanian Society of Obesity Surgery
- Holds the Jordanian Board with a subspecialty in obesity surgery.
- Subspecialty in Jordan medical council.
- Dr. Al-Zetawi has over 15 years of surgical experience and has performed more than 10,000 bariatric procedures.
- Specialized in performing obesity surgeries (Sleeve , ByPass , RY ByPass , Redo ByPass , Converted from G.Band to G.Sleeve or ByPass)
- He did alot of cases of revisional surgeries and weight gain after surgery .
- He did a lot of surgery in multicenter and all hospital in jordan
- Founder member of Jordanian Society of Obesity Surgery
- * He is a treasurer of jsos and one of founder of the society since 2017
- His expertise lies in advanced laparoscopic techniques, with active participation in international conferences and research in the field of metabolic and obesity surgery.



Dr. Mohammad Farouq BADRAN

Consultant Interventional Radiologist

King Faisal Specialist Hospital and Research Centre, Riyadh, Saudi Arabia
My Veins Clinic, Amman, Jordan

I am a highly qualified, UK trained consultant general/interventional radiologist. After 8 years a consultant in the UK, this is my 15th year at King Faisal Specialist Hospital and Research Centre as an Interventional. I am Head of Interventional Radiology and Director of our Vascular Anomaly Program. This is a tertiary 2500 bed hospital focused on cancer and complex diseases.

I am the current president of PAIRS (Pan Arab Interventional Radiology Society)

I am equipped with MBBS, FRCR, FFR FRCR/RCSI and USMLE certificates.

I am a member of five national and European societies. I have several publications with numerous national and international presentations. I continually update and implement new knowledge, keeping up with the latest technology.

I qualified from one of the best universities in the Middle East (University of Jordan), trained in an outstanding London radiology training programme and had two-year interventional radiology fellowship in one of the leading units in the UK.

My main focus on interest is the diagnosis and treatment of Vascular Anomalies with current cohort of 3000 patients. Lymphatic intervention and Varicose veins is large part of my practice. I am also interested in acute and chronic DVT treatment, thyroid ablation, peripheral vascular disease and Endovascular aneurysm repair.



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Mohammed J Ibrahim, MD., MSc, Ph.D

MD from Crimean State Medical Institute in 1980, with honors
MSc - Master in internal medicine from the same institute in 1983
Training and Ph.D. in Endocrinology from Institute of Experimental
Endocrinology and Chemistry of Hormones, Academy of Medical
Sciences, Moscow , Russian Federation 1986
Department of Endocrinology in Ibn al Haytham Hospital since 2008 till
2015
Consultant Visitor, Department of Diabetes and Endocrinology in Eyes
Specialty Hospital since 2016 till 2018.
Private clinic in Abu Hassan Medical Complex, Amman since March 2016
till now
Attendant Endocrine Consultant at FARAH MEDICAL COMPLEX in
Amman from 2018-2025
Published 10 papers in peer review journals
Main interest: Diabetes, Thyroid, Pituitary
Member or past member of several international societies, including:
ADA, AACE, ESE, Endocrine Society plus JSED
Lecturer as well as member of advisory board for many pharmaceutical
companies, including AL-HIKMA pharmaceuticals, MS Pharma,
NOVARTIS,DAR AL-DAWA, BE & Astra Zeneca.
Attending on yearly basis several international congresses in the field of
Diabetes and Endocrinology
Actively involved in teaching General Practitioners and internists
Invited speaker for multiple regional conferences



Dr. Mohamed Abu-Farha, BSc., MSc., Ph.D.

Principal Scientist, Head of Special Service. Dasman Diabetes

Dr. Mohamed Abu-Farha is a distinguished Principal Scientist at Dasman Diabetes Institute (DDI) in Kuwait, where he leads the Proteomics Core Facility and heads the Special Services Department. He earned both his bachelor's and master's degrees from Carleton University in Canada, followed by a Ph.D. from the University of Ottawa in 2009. He then completed postdoctoral training at the Montreal Clinical Research Institute before joining DDI in 2011.

Dr. Abu-Farha is internationally recognized as a leading expert in diabetes and metabolic diseases, with a particular focus on lipid metabolism and Proteomics. He has authored over 145 peer-reviewed publications, including original research articles, reviews, and book chapters published in high-impact journals such as *Diabetes Care*, *Journal of Lipid Research*, *Journal of Clinical Endocrinology & Metabolism (JCEM)*, *Progress in Lipid Research*, *Molecular & Cellular Proteomics*, and *Obesity*. His work has received more than 6,500 citations, with an h-index of 42 and an i10-index of 85, reflecting the broad influence and scientific impact of his research.

Among his most notable contributions is his work on angiotensin-like protein 8 (ANGPTL8), which has significantly advanced our understanding of its role in diabetes and obesity. His studies have elucidated key regulatory mechanisms of ANGPTL8, demonstrating its strong association with insulin resistance and lipid biomarkers. A landmark discovery from his team showed that insulin—rather than



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



glucose—is the primary driver of ANGPTL8 expression in humans, shifting a long-standing paradigm in metabolic regulation. In addition to his work on diabetes, Dr. Abu-Farha leads several research programs investigating non-alcoholic fatty liver disease (NAFLD), diabetes prevention strategies, and emerging therapies for type 1 diabetes. His interdisciplinary and collaborative approach continues to inform the development of novel therapeutic interventions and enhance clinical understanding of metabolic disorders. Beyond his research leadership, Dr. Abu-Farha serves as an Adjunct Professor at the University of Texas at San Antonio. He is deeply committed to academic mentorship, having supervised several graduate students, numerous summer interns, and undergraduate research projects. He has also served as a teaching assistant for first- through fourth-year courses, contributing substantially to the education and development of future scientists. His dedication to global collaboration and capacity building underscores his broader mission to advance science and education on an international scale.



مؤتمر المشرق العربي للأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr Muries Barham

Muries Barham MD,FACE

Senior Consultant Physician, Endocrine & Diabetes, Amman Jordan.
Head of Endocrine division At Al-Bashir hospital



Nadim Jarrah, M.D, FACE

Dr. Jarrah, is a clinical assistant professor in the Internal Medicine department at Mu'tah University's Faculty of Medicine and Fellow of the American College of Endocrinology. He is a Consultant Endocrinologist at the National Center for Diabetes & Endocrinology. Dr. Jarrah currently holds the position of President Elect of the Jordan Chapter of the American Association of Clinical Endocrinologists (AACE). He is the Head of the Scientific Committee in the Jordanian Society for the care of Diabetes.

With a special interest in education and teaching the public and healthcare providers, Dr. Jarrah held several teaching posts in the University of Manchester (UK), Jordan University Hospital and the National Center for Diabetes, Endocrinology & Genetics (Jordan).

Dr. Jarrah is the author of twenty papers and articles in indexed regional and international medical journals. He is on the Jordan Board of Endocrinology and the Jordan Board of Internal Medicine.



مؤتمر المشرق العربي الرابع للمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Neveen Shalalfa

Dr.Neveen Shalalfa

Family medicine specialist

MSc endocrinology and diabetes

MSc buplic health and epidemiology

Head of DAP Diabetes awareness and prevention association,pestine

Head of health centers and clinic, MOH, Palestine.



Dr. Nadima Shegem

Senior Consultant in Endocrinology, Diabetes, and Internal Medicine

President of the Jordanian Society for Diabetes Care and Chair of the Knowledge Exchange Committee – IDF MENA. Co-Secretary of the Diabetes Asia Study Group (DASG). Author and co-author of several publications, including the most recent regional books “Women and Diabetes” and “Diabetes and Pregnancy”, and an international speaker on diabetes and endocrinology.



Nidal Al Khatib, MD

Dr Nidal Alkhatib is the Head of Endocrinology and Diabetes Unit at Ibn Alhaytham Hospital, Amman, Jordan.

He has been the Head of Endocrinology and Diabetes Unit at Ibn Alhaytham Hospital since 2013 until the present day. while achieving many titles in his long journey in medicine, being the head of the internal medicine department at the Islamic hospital, as well as, being Head of Endocrinology &diabetes department previously for many years. while he is Practicing almost 100% Endocrinology and Diabetes, he also was involved in a residency teaching programs and in Endocrinology Fellowship programs, as part of following his passion for his specialty and contributing in spreading knowledge and helping future generation of medical trainee and fellow endocrinologist



الجمعية الأردنية
للغدد الصماء والسكري

مؤتمر المشرق العربي الرابع لأمراض الغدد الصم والسكري
The 4th Levant Endocrinology and Diabetes Congress
12 - 15 NOVEMBER 2025 AMMAN, JORDAN



Dr. Omar Abu Hijleh

MBBCH, MSC, FRCP,FACE, ECNU

Senior Consultant Endocrinologist Abdali Center for Diabetes, Thyroid
and Endocrine Disease, Abdali Hospital Jordan

MBBCH, Cairo University, Qasr Al-Einy

Medical Sciences (MSc), Endocrinology and Diabetes, Glasgow University
Scotland (UK),

Membership of Royal Colleges of United Kingdom (MRCP). London,
Hammersmith Hospital

Jordanian Board of Endocrinology & Diabetes

Jordanian Board of Internal Medicine.

Fellowship of Royal Colleges of United Kingdom (FRCP)

Fellowship of the American College of Endocrinology (FACE).

Endocrine Certification in Neck Ultrasound, American College of
Endocrinology (ECNU).

In addition to his many years of experience in teaching and practicing clinical endocrinology, He participated as a faculty and invited speaker in many national, regional and international congresses sponsored by different medical societies and pharmaceutical companies with 25 presentations per year. He was a co-founder of many medical societies in Jordan and chaired many other committees at the national and international societies. He also published many other papers in different medical journals and participated as primary investigator in many international multicenter clinical trials. He was the founder of and past president of Jordan Chapter of the of The American Association of Clinical Endocrinologist and the Jordan Osteoporosis Prevention Society.



Osama Okkeh, MD

is a Senior Consultant and Interventional Cardiologist based in Jordan.

Dr. Okkeh is a graduate of Baghdad University, school of Medicine, where he also attended his undergraduate studies in general medicine. During his residency, he was also trained at the teaching hospital of the university (The Medical City). Afterwards, he attained a master's degree in cardiology from Alexandria University. Following on Dr. Okkeh travelled to London and gained both MRCP and PhD in Cardiology. He was able to provide superior care and consultation to patients in both Medical city hospital/ School of Medicine in Baghdad as well as Alexandria university teaching hospitals that resulted in an overall advancement of the department's patient gratification quotient.

Teaching is one key area of interest to him as well as being an eminent speaker and researcher in several regional and international scientific meetings and trials; for instance, Obesity Paradox in PCI patients that was presented in American Heart Association meeting held in Orlando 2015. Moreover, the famous DYSIS study in the Middle East region which was part of the International DYSIS. Not only- but also a chair person to many roundtables discussions and lectures.

Dr. Okkeh was the president of the Jordanian lipid society (JLS), established the Jordanian hypertension society (JHS) and merged both societies in the Jordanian atherosclerosis & hypertension society (JASH). Currently, he is a member of many medical groups and societies



in Jordan, Egypt and Europe. In fact, he is the head and or a member of the advisory boards in several medical committees, societies and Pharmaceuticals.

Moreover, Dr. Okkeh conducted various Jordanian, regional and International studies & clinical trials as a principle investigator and or co-investigator. Worth mentioning, The Nebiviol pilot study, ACS1, and QUALIFY (Heart Failure & Procorolan). Equally important, he presented significant studies in European, Asian, American, and International meetings; he is a member of the JoPCR1 group and participated in the abstract forms at many international conferences including ESC (London), PCR (Paris), Asia Pacific Society of Cardiology congress, "CardioAlex" (Alexandria), lastly the International conference of CAD & ICCAD held in (Florence).

Likewise, Dr. Okkeh is a significant figure in several media platforms, where he addressed the risk factors of cardiovascular disease in general in the public and tools of management.

Last but not least, Dr. Okkeh's current interests are Pathophysiology & management of hypertension, dyslipidaemia and their relationship to coronary ischemic syndromes. Thrombolytics and Antithrombotics; is another topic of interest to him.



Dr. Rami Salameh **MD, ABIM**

Specialist Endocrinology, Diabetes & Metabolism

Education and Training

- American Board of Endocrinology, Diabetes & Metabolism
- American Board of Internal Medicine
- Endocrinology Fellowship - Albert Einstein Medical Center - Philadelphia, Pennsylvania, USA
- Internal Medicine Residency - McLaren Regional Medical Center - Flint, Michigan, USA
- Bachelor of Medicine and Surgery (MD) - Faculty of Medicine - University of Jordan - Amman, Jordan

Professional Memberships

- December, 2018 - Present - American Association of Clinical Endocrinologists (AACE)
- December, 2018 - Present - American Thyroid Association (ATA)
- August, 2018 - Present - Philadelphia Endocrine Society (PES)
- November, 2016 - Present - The Endocrine Society (ENDO)
- July, 2015 - Present - American College of Physician (ACP)
- July, 2015 - Present - American Medical Association (AMA)
- July, 2013 - Present - Jordan Medical Association
- July, 2013 - Present - Jordan Medical Council



الجمعية الفلسطينية
للغدد الصماء والسكري

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Rasha Odeh MBBS, MRCPCH

Dr. Odeh is a professor of pediatrics and pediatric endocrinology at the University of Jordan. She finished a three-year fellowship in pediatric endocrinology and diabetology at the Children's Hospital/University of Leipzig, Germany, in 2011 and joined the University of Jordan in 2012. Professor Odeh is currently the division head of pediatric endocrinology at Jordan University Hospital and the program director for the Arab Board accredited pediatric endocrinology fellowship program at Jordan University Hospital. She is an active member in the Arab Society for Pediatric Endocrinology and Diabetes (ASPED) and served as chair of the education committee at ASPED for the past three years. Professor Odeh is also a member of the European Society for Pediatric Endocrinology (ESPE) and the International Society for Pediatric and Adolescent Diabetes (ISPAD).

She has more than 35 publications in high rank, peer reviewed journals in the field of pediatric diabetes and other fields of pediatric endocrinology.



Sherif EL Hawary

Professor of Internal Medicine and Diabetes, Faculty of Medicine,
Cairo University, Kasr AL Aini School of Medicine.
Consultant Internal Medicine and diabetes.

Professor of Internal Medicine and Diabetes, Faculty of Medicine, Cairo University from: 25/5/2004 till now.

Consultant of Internal medicine and Diabetes, Dar EL Fouad Hospital, Cairo.

Membership in societies:

- Secretary general of Modern Egyptian Society of Internists (MESI).
- Secretary general of ARAB AFRICAN ASIAN ASSOCIATION of DIABETES, HYPERTENSION & LIPIDOLOGY (DHL).
- Member of the Egyptian society of Hypertension.
- Member of the European Atherosclerosis Society (EAS).

Author of medical books:

Author of medical books in all subspecialities of Internal Medicine, namely Cardiovascular, endocrinal diseases, respiratory, hepatobiliary, gastrointestinal, rheumatological, hematological, neurological, infectious & renal diseases.

Speaker and moderator experiences:

Speaker in many national and international medical conferences in diabetes, hypertension and Internal medicine.

Moderator and chairperson in many national medical events.

Other activities:

CAF (Confederation of African Football) medical instructor since 2018.

Doping Control Officer assigned by the CAF since March 2019: with experience in conducting Doping control in some CAF matches (2019, 2020).



Dr. Taroub Khoury

Consultant Internist in a private clinic.
Past member of the editorial board of JAMA.
Past President of the Jordan Atherosclerosis &
Hypertension Society and current board member
Member of the UNHCR health committee



WALID KAPLAN, M.D.
Consultant Pediatric Endocrinology
American Hospital
Dubai, UAE

Dr. Walid Kaplan is a Consultant Pediatric Endocrinologist at the American Hospital Dubai and the founder of the Emirates Pediatric Endocrinology Club (EPEC).

He earned his medical degree from Damascus University, Syria, and complete his pediatric residency at Michigan State University, followed by a fellowship in pediatric endocrinology at Texas Children's Hospital, Baylor College of Medicine, Houston, Texas.

Dr. Kaplan is Board-certified by the American Board of Pediatrics, and has over 30 years of clinical experience across both the US and UAE. He previously served as Chairman of Pediatrics for ten years and held senior leadership roles including Acting Chief Medical Officer and Chief Quality Officer at TawamHospital, under the SEHA health system.

Throughout his career, Dr. Kaplan has been actively engaged in clinical practice, academic teaching, and research. His primary research interests include type 1 diabetes during Ramadan, growth disorders, and calcium and bone mineralization disorders. Dr. Kaplan has published mainly in these areas and has been honored with multiple awards for excellence and leadership in both the U.S. and the UAE.



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