

تحت رعاية
معالي وزير الصحة الأكرم الأستاذ الدكتور فراس الهواري

Under the
Patronage of His Excellency the Minister of Health Prof. Firas Al-Hawari



المؤتمر الدولي الرابع لجمعية جراحة السمنة الأردنية

The 4th International Congress of the
Jordanian Society for Obesity Surgery

57th International Bariatric Club (IBC) Symposium

11th IBC Middle East & Africa Symposium



This congress has been
accredited by Jordan Medical
Council for 6 CPD hours

24th – 26th April 2024

Le Royal Hotel – Amman, Jordan





HIS MAJESTY KING ABDULLAH II IBN AL-HUSSEIN



HIS ROYAL HIGHNESS CROWN PRINCE AL-HUSSEIN BIN ABDULLAH II

WELCOME MESSAGE

Dear Colleagues and distinguished guests,

It gives us great pleasure and honor to welcome you all to The 4th International Congress of the Jordanian Society for Obesity Surgery In conjunction with the 57th International Bariatric Club & 11th IBC Middle East & Africa Symposium which is organized by the Jordanian Society for Obesity Surgery and Endorsement by International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) from 24th to 26th of April 2024 at Le Royal Hotel Amman. **Under the Patronage of His Excellency the Minister of Health, Dr. Firas Al-Hawari**

This congress will be a great opportunity for exchanging ideas and experiences which will enrich our knowledge in the fields of Obesity and Metabolic Surgery.

The congress will feature plenary lectures to be delivered by renowned local, regional, and International Doctors in addition to free papers. Invaluable knowledge will be delivered at this congress by qualified doctors and medical staff.

Jordan is rich in its historical sites that go back to different civilizations; I hope that you will have the chance to visit these historical landmarks, including our beloved Petra, one of the Seven Wonders of the World, Baptism site, Dead Sea, Jerash, and the spectacular Wadi Rum.

We would like to extend our gratitude and appreciation to all the pharmaceutical companies for their generous support and contribution to the success of this congress.

Finally, we wish you all an enjoyable stay in Amman, and our beloved country Jordan. We hope that you will enjoy our hospitality and return home with pleasant memories.

We welcome you all to Jordan.



Dr. Sami Salem Ahmad
President of the Jordanian Society
for Obesity Surgery
President of the Congress

WELCOME MESSAGE

Dear Friends and Colleagues,

On behalf of the scientific committee, it gives us great pleasure to welcome you to the **"4th Congress of the Jordanian Society for Obesity Surgery (JSOS)"** which is organized by the Jordanian Society for Obesity Surgery from 24th to 26th of April 2024 at Le Royal Hotel Amman, Jordan

Holding such an invaluable academic and scientific congress provides a good opportunity for sharing ideas and experiences with the most outstanding domestic and international scholars to motivate surgeons, students and graduates of obesity surgery and all other related fields in their scientific endeavors.

Moreover, the participation of several scientists and experts in Obesity Surgery covers different dimensions such as diagnosis, prevention, and treatment in the field of Obesity, metabolic and Bariatric surgery.

The main goal is to adopt a clear and specific strategy for the most important challenges, difficulties, strengths, weaknesses, and improvement opportunities facing the medical field in general and in the field of obesity surgery in particular within the required scientific and professional methodology. An open policy that is compatible with different types of diseases and community requirements For the latest developments in the medical and technical era to make a qualitative leap leading to reaching the desired goal is the health of citizens.

as well as help share information and strengthen the relationship between basic and clinical sciences of obesity surgery.

Keynote speeches of different panels, presentation of abstracts, and workshops, which will be the center of attention of all scholars, experts, and students attracted to the field of Obesity and Metabolic Surgery. Thus, to take advantage of valuable experiences and ideas to make this meeting more fruitful.

I hope that with the scientific cooperation of nationwide and international medical universities and research centers, together with the participation of companies specialized in Obesity and Metabolic Surgery products, pharmaceutical companies, and other scientific organizations, becomes a memorable meeting for us all.

We are looking forward to welcoming all of you.



Dr. Tagleb Mazahreh, (M.D, MRCSI, PHD)
Chairman of the Scientific Committee



CONGRESS COMMITTEES

Dr. Sami Salem Ahmad
Congress President

Dr. Tagleb Mazahreh
Scientific Committee Chair

EXECUTIVE COMMITTEE

Dr Mohammad Rashdan, Chairman

Dr Haitham Qandil

Dr Hamza Albalas

Dr Hisham Shaaban

Dr Ismail Alnajadat

Dr Emad Alzeiat

Dr Abdel Rahman Shaher

Dr Raed Tayim

Dr Hamzeh Halawani

Dr Eyad Qarqaz

Dr Mahmoud Ramadan

Dr Mohammad Nofal

Dr Yasmin Abu Hazeem

Dr. Salam Daradkeh



SCIENTIFIC COMMITTEE

Dr. Tagleb Mazahreh, Chairman

Dr Osama Damra

Dr Firas Obeidat

Dr Hasan Hussain

Dr Osama Hamed

Dr Mohammad Rashdan

Dr Khalil Zeyadeen

Dr Eyad Eid

Dr Mohammad Khrais

Dr Muhammad Abdelwahhab Alzaitawi

Dr Ali Sarayra

Dr Saleh Hammad

Dr. Malek Alkassasbeh

Dr. Omar Shawabkeh

Dr. Mohammad Alkofahi

Dr. Hassan Alqdah

Dr. Muneer Abu Alsamen

Dr. Khalid Maaytah

Dr. Reema Tayyem

Dr. Naim Abu Nabah

Fadwa Hammouh, PhD



FACULTY

Aayed Alqahtani-KSA
Alaa Abbass Moustafa-Egypt
Ali Al-Sarira-Jordan
Antonio Iannelli-France
Arif Ahmad-USA
Ashraf Salhi-Jordan
Cüneyt Kirikli-Turkey
Eren Taskin-Turkey
Fadwa Hammouh-Jordan
Francesco Saverio Papadia-Italy
Gerhard Prager-Austria
Gianfranco Donatelli-France
Giovanni Galasso-Italy
Hamsa Halawani-Jordan
Haris Khwaja-UK
Hamzeh Halawani-Jordan
Hatem Jabbes-Tunisia
Hazem Almoumany-UAE
Ibrahim Hassan-Kuwait
Ibrahim Tuffaha-Jordan
Imad Salih Kasapoğlu-Turkey
Jehad Hasouneh-Palestine
Khalid El-Maaytah-Jordan
Mohammad Al-Huniti-Jordan
Mohammad Aziz Alhajjawi-Jordan
Mohammad Rasheed-Jordan
Mohammed Nofal-Jordan
Muhammad Abdelwahhab Alzaitawi-Jordan



FACULTY

Mustafa Shahin-Turkey

Neshe Targen-UK

Osama Damra-Jordan

Osama Hamid-Jordan

Paolo Gentileschi-Italy

Ramez Mukhtar-Iraq

Rasha Odeh-Jordan

Ruba Musharbash-Jordan

Safwan Taha-UAE

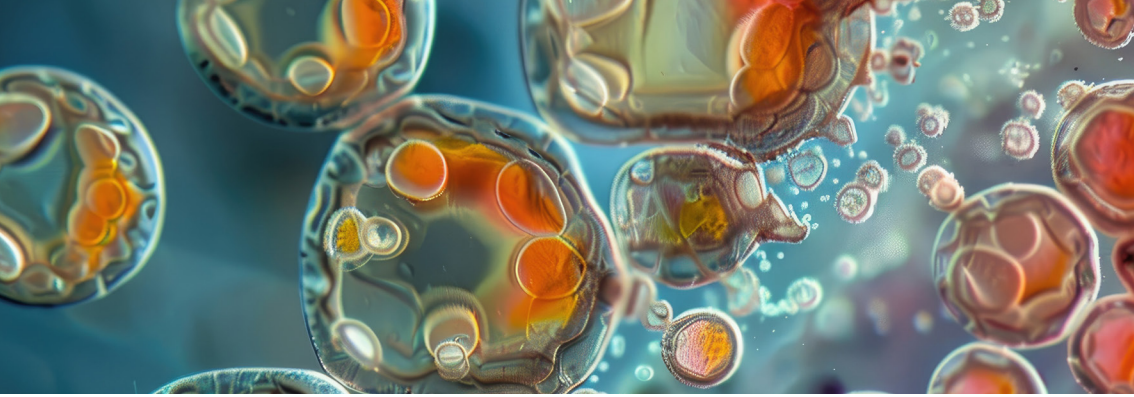
Sami Salem Ahmad-Jordan

Suhaib Ahmad-UK

Suzan Bakhit-Jordan

Tagleb Mazahreh-Jordan

Yasmeen Abuhazeem-Jordan



MAIN SCIENTIFIC TOPICS

- Science and Mechanism behind Bariatric Metabolic Surgery.
- Science, Endoscopic procedures for weight loss.
- Long-term results of BMS > 10 years.
- Management of weight regain and insufficient weight loss.
- Complication Management of BMS.
- Latest Developments in Anti-obesity Drugs.
- Hypoabsorptive and Revisional Surgery.
- Sleeve Gastrectomy and GERD.
- Tips, tricks, and pitfalls of BMS.
- Interdisciplinary management of patients with obesity / multimodal treatment strategies.





HOTEL ACCOMMODATION

JD110

Single

JD125

Double

Standard Room - Main venue of the Congress

- Above rates are in Jordanian Dinars (JD)
- Above rates are inclusive of service charge, sales tax, and Buffet Breakfast.

REGISTRATION FEES

\$300

International Participant

\$150

Jordan Medical Association Members

\$100

Residents & Fellow in Training Members

\$50 Certificate Only

Medical Students

The registration fees include access to the opening ceremony, the scientific sessions, exhibition, lunches, coffee breaks, a congress bag, a certificate of attendance, and the abstract book



مستشفى الكندي
Al-Kindi Hospital



Al Kindi Hospital is the only hospital accredited in Jordan as a Bariatric center of excellence by IFSO

Al-Kindi Hospital - Jabal Al-Hussein, P.O.Box 851575 Amman 11185 Jordan الأردن - عمان 11185 - 851575 ص.ب 851575

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SCIENTIFIC AGENDA





Wednesday
April 24, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery

14:00 Registration

OPENING CEREMONY

17:30-18:00

National Anthem

Recitals from the Holy Quran

Address of Scientific Committee Chairman

Prof. Tagleb Mazahreh

Address of Congress and JSOS President

Dr. Sami Salem Ahmad

Address of President of the Jordan Medical Association (JMA)

Dr. Ziad Alzoubi

Address of the Minister of Health


Prof. Firas Al-Hawari

Master of Ceremony
Prof. Tagleb Mazahreh

18:00 Opening the Medical Exhibition with a Coffee Break

Session 1: Lesson in Science and Update in Bariatric Surgery and Obesity

**Moderators: S. Daradkeh, T Mazahreh, Jehad Hasouneh
Mohammad Tarawneh**

- | | |
|----------------------------|---|
| 8:30 AM - 8:40 AM | Obesity in General Practice Clinic
Dr. Ibrahim Tuffaha-Jordan |
| 8:40 AM - 8:55 AM | Bariatric Surgery in Westbank
Dr. Jehad Hasouneh-Palestine |
| 8:55 AM – 9:10 AM | Psychological Assessment pre- Bariatric Surgery
Dr. Ashraf Salhi-Jordan |
| 9:10 AM – 9:25 AM | Long-term results of hypoabsorptive surgery patients with type 2 diabetes and BMI < 35
Prof. Francesco Papadia-Italy |
| 9:25 AM – 9:35 AM | Role of prophylactic enoxaparin in prevention of venous thromboembolism post sleeve gastrectomy: A prospective study
Prof. Tagleb Mazahreh-Jordan |
| 9:35 AM - 9:50 AM | The effect of bariatric and metabolic surgery on diabetes remission and long-term cardiovascular events
Prof. Mustafa Shahin-Turkey  |
| 9:50 AM – 10:10 AM | Discussion |
| 10:00 AM - 10:20 AM | Coffee Break |



Hall A

Session 2: Sleeve – GERD & more in Bariatric Surgery

**Moderators: G. Prager
I. Saleh Kasapoglu, A. Sarayra
M. Kasasbeh**

10:20 AM-10:35 AM

The role of reflux/the hiatus in metabolic/ bariatric surgery

Prof. Gerhard Prager-Austria

10:35 AM -10:50 AM

SADI/S is the best for obesity recurrence after sleeve

Prof. Alaa Abbass-Egypt

10:50 AM - 11:05 AM

Sleeve Nissen for morbidly obese with hiatal hernia

Dr. Imad Salih Kasapoğlu-Turkey

11:05 AM -11:15 AM

Outcome of Modified Hill’s Gastropexy and Omento-Gastropexy on Reflux Post Laparoscopic Sleeve Gastrectomy

Dr. Ali Al-Sarira-Jordan

11:15 AM -11:35 AM

Novo Nordisk Symposium

Obesity Management

Dr. Osama Damrah-Jordan



11:35 AM - 11:50 AM

Acid Reflux and Lap. Sleeve Gastrectomy, the search of the truth

Prof Haris Khwaja-UK



11:50 AM – 12:00 AM

Discussion

Hall B

Session 2: Dietitians and Nurses, General Practitioners

**Moderators: Fadwa Hammouh
Nase Targen, Amal Haddad
Narmeen Al-Awwad**

10:20 AM -10:35 AM

Nutritional complications after bariatric surgery

Nese Targen (MSc, BSc, RD)-UK

10:35 AM -10:50 AM

Pregnancy after bariatric surgery –dietary management

Nese Targen (MSc, BSc, RD)-UK

10:50 AM - 11:05 AM

Nutritional challenges during Ramadan after bariatric surgery

Nese Targen (MSc, BSc, RD)-UK

11:05 AM - 11:15 AM

Updates in Bariatric surgical procedure

Dr. Sami Salem-Jordan

11:15 AM - 11:25 AM

Obesity and Mental Health

Dr. Ashraf Salhi-Jordan

11:25 AM - 11:40 AM

Food addiction and bariatric surgery

Dr. Ruba Musharbash-Jordan

11:40 AM - 11:55 PM

Vitamins and Minerals for Bariatric Surgery

Dr. Fadwa Hammouh-Jordan

11:55 PM - 12:00 PM

Discussion

Session 3: Sleeve – Complication & Management

Moderators: Eren Taskin, Ramez Mukhtar, Firas Obeidat, Salam Daradkeh

- | | |
|--------------------------|--|
| 12:00 AM – 12:15 PM | Revision of Sleeve gastrectomy due to advanced GERD and Strictures
Prof. Eren Taskin-Turkey |
| 12:15 PM – 12:30 PM | Management of Sleeve leak
Dr. Ramez Mukhtar-Iraq |
| 12:30 PM – 12:45 PM | Evaluation the effectiveness of citation count as a measure of methodological quality in scientific research
Dr. Suhaib Ahmad-UK |
| 12:45 PM – 12:55 PM | Intra Thoracic Sleeve Migration
Prof. Alaa Abbass-Egypt |
| 12:55 PM – 1:05 PM | Single-Dose Enoxaparin for Portomesenteric Venous Thrombosis Prophylaxis after Sleeve Gastrectomy
Dr. Mohammed Nofal-Jordan |
| 1:05 PM – 1:15 PM | Discussion |
| 1:15 PM – 2:00 PM | Lunch Break |



Thursday
April 25, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery



Session 4: Anti-Obesity Drugs, Bariatric Surgery, and Cancer

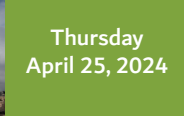
**Moderators: Antonio Iannelli, Hazem Almomany, Osama Hamed
Yasmeen Abu Hazeem**

- | | |
|-------------------|--|
| 2:00 PM – 2:15 PM | Liver cancer, pancreatic cancer, obesity and bariatric surgery
Prof. Antonio Iannelli-France |
| 2:15 PM – 2:30 PM | How to combine anti-obesity drugs with endoscopic bariatric treatment modalities? Is it the new future?
Prof. Eren Taskin-Turkey |
| 2:30 PM – 2:45 PM | Updates in Pharmacotherapies for the Treatment of Obesity
Dr. Hazem Almoumany-UAE |
| 2:45 PM – 2:55 PM | Bariatric Surgery as Cancer Reduction Modality:
What is the evidence?
Dr. Osama Hamid-Jordan |
| 2:55 PM - 3:05 PM | Discussion |

Session 5: Video Presentation

Moderators: Khalil Zayadeen, Emad Zeiat, Osama Damra

- 3:05 PM – 3:15 PM Video Presentations of challenging anastomotic difficulties during Obesity and Metabolic Surgery
Dr. Imad Salih Kasapoğlu-Turkey
- 3:15 PM - 3:25 PM SADI-S how we do it, and how to revise it
Dr Osama Damra-Jordan
- 3:25 PM – 3:35 PM Case Report: (spontaneous splenic rupture post lap sleeve gastrectomy) with video presentation
Dr. Yasmeen Abuhazeem-Jordan
- 3:35 PM – 3:45 PM Robotic-assisted removal of gastric band and conversion to Roux-En-Y Gastric Bypass
Dr. Arif Ahmad-USA 
- 3:45 PM - 4:00 PM Marginal Ulcer after Roux-en-Y gastric bypass
Prof. Haris Khwaja-UK 
- 4:00 PM – 4:10 PM Discussion
- 4:10 PM – 4:30 PM Coffee Break**




Thursday
April 25, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery

Session 6: Revisional Surgery

Moderators: Wael Naasan, Antonio Lanelli, Hamza Albalas

- 4:30 PM - 4:45 PM Suboptimal response of bariatric surgery: how far should it go
Prof. Antonio Iannelli-France
- 4:45 PM - 4:55 PM Revisional Bariatric Surgery to manage severe stenosis after re-sleeve gastrectomy with plication and invagination of unresected fundus: A Case Presentation
Dr. Mohammad Aziz Alhajawi-Jordan
- 4:55 PM - 5:10 PM Banded bariatric surgery
Prof Paolo Gentileschi-Italy 
- 5:10 PM – 5:20 PM Discussion

Session 7: Plastic Surgery “Open Discussion” 5:00 PM- 6:10 PM

**Moderators: H.E Dr Gazi Zabn, Dr Muraz Al Karmi, Dr Mahmoud Bataineh
Dr Khalid El-Maaytah, Dr Suzan Bakit, Dr Kusai El Mousa**


- 5:20 PM - 5:35 PM Life after Weight loss, the journey begins
Dr. Suzan Bakhit-Jordan
- 5:35 PM - 5:50 PM Patient versus procedure selection after massive weight loss
Dr. Khalid El-Maaytah-Jordan
- 5:50 PM – 6:10 PM Open Discussion (Moderators and Speakers)
- 7:00 PM** **Official Dinner (By Invitation)**

Friday
April 26, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery

**Session 1: Lesson in Science and Update in Bariatric Surgery and Obesity;
Continued.**

**Moderators: Mohammad Alhroot, Safwan Taha
Mohammad Alkofahi, Iad Eid**

- | | |
|---------------------------|--|
| 8:30 AM - 8:45 AM | Is there an optimal biliopancreatic limb length for gastric bypass procedures?
Prof. Cüneyt Kirikli-Turkey  Virtual |
| 8:45 AM - 9:00 AM | Strategies to minimize bleeding in bariatric surgery (Podium presentation)
Prof. Safwan Taha-UAE |
| 9:00 AM - 9:15 AM | Childhood obesity and the role of bariatric surgery
Dr. Rasha Odeh-Jordan |
| 9:15 AM - 9:30 AM | Vitamin D levels, in correlation with body mass index, gender and ethnicity, in patients with gastrointestinal disorders
Dr. Suhaib Ahmad-UK |
| 9:30 AM - 9:40 AM | Ursodeoxycholic Acid Prophylaxis and the Reduction of Gallstone Formation After Bariatric Surgery: An Updated Meta-Analysis of Randomized Controlled Trials
Dr. Mohammad Al-Huniti-Jordan |
| 9:40 AM - 9:50 AM | Discussion |
| 9:50 AM - 10:20 AM | Coffee Break |




Friday
April 26, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery

Session 2: Roux-en-Y Gastric Bypass / OAGB Session (Update, Complication, Update & Revision)

**Moderators: Hatem Jabbas, Hamzeh Halawani, Hassan Alqdash
Mohammad Khrais**

- | | |
|---------------------------|---|
| 10:20 AM - 10:35 AM | RYGB is the best metabolic procedure
(Podium presentation; best for a debate)
Prof Safwan Taha-UAE |
| 10:35 AM - 10:50 AM | OAGB - reasons for reoperation and considerations soon
bile reflux
Prof. Gerhard Prager-Austria |
| 10:50 AM - 11:05 AM | Very-long term follow-up after hypoabsorptive bariatric
surgery
Prof Francesco Papadia-Italy |
| 11:05 AM - 11:20 AM | OAGB for insufficient weight loss or weight regain after
sleeve gastrectomy
Dr. Hatem Jabbes-Tunisia |
| 11:20 AM - 11:30 AM | Comprehensive Insights into Technical Bariatric Surgery
Complications in One Case (Twist after Sleeve Gastrectomy,
Revisonal Roux-en-Y Gastric Bypass, Post Operative
Intraluminal bleeding, Candy Cane Syndrome, Blind Loop
Syndrome, Jejunojejunal Intussusception, and Internal
Hernia)
Dr Osama Hamid-Jordan |
| 11:30 AM - 11:45 AM | Comparison of malabsorption between OAGB and RyGb
Prof. Paolo Gentileschi-Italy  |
| 11:45 PM – 12:00 PM | Discussion |
| 12:00 PM - 2:00 PM | Prayer and Lunch Break |

Honorary IBC Symposium Chair: Dr. Sami Salem Ahmad-Jordan

Symposium Director: Prof Haris Khwaja-UK  Virtual

2:00 PM – 2:05 PM Welcome

Dr. Sami Salem Ahmad-Jordan
Prof. Tagleb Sameer Mazahreh-Jordan
Prof Haris Khwaja-UK  Virtual

2:05 PM - 2:20 PM

Keynote Lecture

Chair: Prof Francesco Saverio Papadia-Italy

Moderator: Prof. Tagleb Sameer Mazahreh-Jordan

The Future of Revisional (laparoscopic/robotic) Bariatric Surgery in the Context of Anti-obesity Medications & Endo-Bariatrics by 2035

Prof Aayed Al Qahtani-KSA

2:25 PM - 2:50 PM

Grand Debate

Synchronous Laparoscopic Gastric Bypass Surgery with Cholecystectomy should be the Standard of Care for Patients with Symptomatic Gallstone Disease & Severe Obesity

Chair: Dr Hazem Al Momany-UAE

Moderator: to be announced

For: Dr Halit Eren Taşkın-Turkey

Against: Prof Antonio Iannelli-France

2:55 PM - 3:15 PM

Expert Forum Video Session:

Synchronous Inferior Vena Cava and Right Common Iliac Artery Injury Trocar injury during Sleeve Gastrectomy: Mechanism, Management & Prevention Strategies

Presenter: Dr Ibrahim Hassan-Kuwait

Chairs: Prof Safwan A. Taha-UAE & Prof Haris Khwaja-UK  Virtual

Panel

Dr Yasmeen Abuhazeem-Jordan
Prof Alaa Abbass Moustafa-Egypt
Dr Osama Damrah-Jordan
Prof Francesco Saverio Papadia-Italy
Prof. Tagleb Sameer Mazahreh-Jordan
Dr. Emad T Salih Kasapoğlu-Turkey
Dr Osama Hamid-Jordan

3:15 PM

Closing Remarks

Prof Haris Khwaja-UK  Virtual



Friday
April 26, 2024

The 4th International Congress of the Jordanian Society for Obesity Surgery

Session 3: SADI-S & SASI

**Moderators: Francesco Papadia, Hassan Hussein, Omar Shawabkeh
Mohammad Rashdan**

3:15 PM - 3:30 PM	SADI-S - mid-term results and review of the literature Prof Gerhard Prager-Austria
3:30 PM - 3:45 PM	SASI long term results and intraoperative tips and tricks Dr. Imad Salih Kasapoğlu-Turkey
3:45 PM - 3:55 PM	Result of SASI bypass Dr Sami Salem Ahmad-Jordan
3:55 PM - 4:05 PM	Reversal of SASI local experience Dr. Muhammad Abdelwahhab Alzaitawi-Jordan
4:05 PM - 4:15 PM	Discussion
4:15 PM - 4:45 PM	Coffee Break





Friday
April 26, 2024



The 4th International Congress of the Jordanian Society for Obesity Surgery

Session 4: Endoscopic Procedure

**Moderators: Aayed Alqahtani, Mohammad Rasheed, Naim Abu Nabah
Hazem Almoumany**

- | | |
|-------------------|---|
| 4:45 PM - 5:00 PM | Bariatric Surgery in Low BMI: Should it be the standard?
Prof. Aayed Alqahtani-KSA |
| 5:00 PM - 5:15 PM | Sleeve gastrectomy or endosleeve? what to choose?
Dr. Hatem Jabbes-Tunisia |
| 5:15 PM - 5:30 PM | Endoscopic Sleeve Gastroplasty: A reality or a Myth Dr.
Hazem Almoumany-UAE |
| 5:30 PM - 5:45 PM | Update on Endoscopic Weight Management Procedure
(Primary and Revisional)
Prof. Aayed Alqahtani-KSA |
| 5:45 PM - 5:55 PM | The truth about Post bariatric surgery IBS?
Dr. Mohammad Rasheed-Jordan |
| 5:55 PM - 6:10 PM | Endoscopy in bariatric surgery
Dr. Hamzeh Halawani-Jordan |
| 6:10 PM – 6:25 PM | Endoscopic management of recurrent weight gain both
after MBS and after EB.
Prof. Giovanni Galasso-Italy  |
| 6:25 PM – 6:40 PM | Is there a standard on endoscopic treatments for post MBS
leak?
Prof. Alessandra D'Alessandro-Italy  |
| 6:35 PM – 6:45 PM | Discussion |
| 6:45 PM | Closing Remarks |

SPEAKERS BIOGRAPHIES



Prof. Aayed Alqahtani, MD, FRCSC, FACS



Professor Aayed Alqahtani is currently a professor and a consultant of MIS and Obesity Surgery and the CEO of New You Medical Center. He is the Director of King Saud's University's Obesity Chair and one of the prominent bariatric surgeons worldwide. Prof. Alqahtani is currently the President of Saudi Arabian Society for Metabolic and Bariatric Surgery (SASMBS) and President of Gulf Obesity Surgery Society (GOSS). He is the Director of International Bariatric Club (IBC) Middle East & Africa. Prof. Alqahtani is the Past President of The International Pediatric Endoscopy Group (IPEG); Founder & Past President of its Middle East Chapter. Past President of Pan Arab Society for Metabolic & Bariatric Surgery (PASMBS).

He received his medical education with honors from King Saud University, Riyadh. He did post graduate training in McGill University, obtained his fellowship (FRCSC) in general surgery from the Royal College of Physician & Surgeon of Canada and the American Board of General Surgery (FACS) with specialized training in minimally invasive surgery at McGill University Canada and Denver, USA. He was featured on the Dean's Honors List of Excellent Results in Postdoctoral Training in University of Montreal.

Prof. Alqahtani is a strong advocate of providing weight loss surgery for adult and severely obese children and adolescents, and has published numerous studies on the safety and efficacy of this solution in young age groups. Notably, recent publications authored by Prof. Alqahtani demonstrates that bariatric surgery does not alter the growth of young children.

He has published many articles, chapters and books. He has been the guest speakers in more than 300 international events and over 200 peer-reviewed presentations at national and international meetings. He is faculty of many national and international training courses and workshop in MIS, Robotic and Obesity. He is very active in numerous national and international societies, and he is a reviewer and sits on the editorial board of many respected medical journals.

Prof Dr Alaa Abbass Moustafa



Alaa Abbass Sabry FRCS Ed, FRCS Eng, MD
Professor of General & Bariatric Surgery
Faculty of Medicine, Ain Shams University
President of ESBS

ALI Al-Sarira MB BS MD MRCSEd FRCSEd



ALI Al-Sarira MB BS MD MRCSEd FRCSEd

Consultant Upper GI and HPB Surgeon.

Graduated from JUST in Jordan. Trained in the UK in Mersey. Worked as consultant Upper GI & HPB in Liverpool and Wirral University teaching Hospitals and lecturer In Liverpool University. Member of the Research& Development Committee in Mid Cheshire NHS Trust. Worked Ass. Professor In Hashemite University in Jordan. Member of the board committees for General and HPB Surgery in Jordanian Medical Council.

Currently director of general surgery department in Royal Hospital and Lead clinician for training program in Royal Hospital. Puhlised several publications and book chapters in Upper GI and HPB Surgery.

Antonio IANNELLI



Antonio Iannelli, MD, PhD is a full Professor of Surgery at the University of Nice Côte d'Azur.

Its main surgical fields of interest are Metabolic surgery as well as Hepatopancreatobiliary Surgery including liver transplantation. He has 200 papers published in peer reviewed journals with a H index of 56 focused both on clinical and basic and fundamental research around obesity including its surgical management and its complications (metabolic disturbances, cancer, interference with major surgery).

Dr. Arif Ahmad MD MS FACS



Is the Founder and Director of Mather Northwell Centers of Excellence in Bariatric and Robotic Surgery in Port Jefferson, NY.

Mather was the first Robotic Center of Excellence in New York State and Mather's Bariatric volume is the highest in the Northwell system and one of the highest in the US(800 Bariatric cases in 2022) . He also is the Fellowship Director for MIS/ Bariatric Fellowship.

He has been practicing Bariatric and general surgery for 25 years in the US and Robotic Surgery since 2011 and has completed about 4000 robotic surgical procedures with the DaVinci Robot. This represents the world's largest experience in Robotic Bariatric surgery.

Renowned in the Long Island area for his impeccable track record of safety and outcomes.

Dr. Ahmad completed Medical school from Medical College Bengal and then worked as a Registrar in UK for 5 years and obtained the FRCS (England) and FRCS(Edinburgh) . He then completed a Fellowship at Harvard Medical School and another Residency in University of Connecticut in 2000. Subsequently he completed a MIS Fellowship at University of Virginia prior to beginning his position as Head of Minimally Invasive Surgery at Stonybrook University School of Medicine in2001.

Dr. Ahmad focuses on Bariatric and Foregut Surgery in addition to General surgery and does 95 percent of his procedures robotically.

Ashraf Salhi



- الدكتور أشرف محمد الصالحي
- مستشار الطب النفسي وعلاج الادمان
- خريج جامعة العلوم والتكنولوجيا في الطب البشري عام 2004
- عمل في الخدمات الطبية الملكية كطبيب نفسي من -2005 2013
- البورد الاردني في الطب النفسي 2010
- البورد الأوروبي في علاج التحفيز المغناطيسي- جامعة ماسراخت- هولندا 2022
- يعمل في مركزه الشامل للطب النفسي و علاج التحفيز المغناطيسي من عام 2013 الى اليوم
- رئيس الفريق الطبي في مشروع شارتيه الألماني لدعم اللاجئين السوريين -2013 2014
- المستشار النفسي لفريق الاطباء السبعة بتلفزيون رؤيا
- المستشار النفسي لمركز داعم للأعلام في قضية تعديل قانون 308
- ناشط و كاتب في مجال التوعية النفسية ويقوم بعمل محاضرات في الجامعات والمدارس والمعاهد لتغيير نمط تفكير المجتمع حول مفهوم الطب النفسي وأهمية الصحة النفسية
- عضو المجلس الاستشاري في جامعة عمان الأهلية.
- من أوائل من استخدم وسائط التواصل الاجتماعي في مجال التوعية النفسية حيث لديه صفحة في الفيس بوك عدد مشتركها 200 الف.
- محاضر غير متفرغ في العديد من الجامعات الاردنية.

Cüneyt Kirikli



Eren Taskin



Dr. Halit Eren Taskin is a graduate of Uskudar American Academy and completed his medical education in Istanbul Bilim University Medical Faculty in 2008. He finished General Surgery residency at Istanbul University Cerrahpasa Medical Faculty in 2014. During his senior residency years, he has worked as a research fellow in Cleveland Clinic Department of Endocrine Surgery US between 2012-2013 mentored by Dr. Eren Berber. He has published 3 book chapters and 20 peer-reviewed International Publications during this period.

He worked as a staff general Surgeon in Beykoz State Hospital and established bariatric and metabolic surgery program there. He has done his bariatric and metabolic surgery fellowship in Brugge with Dr. Bruno Dillemans for a period of 11 months in 2019.

He is experienced in Invasive Gastro-Intestinal Endoscopy and Endoscopic Treatment of Morbid Obesity and metabolic disorders. He has organized several International Meetings of which the recent being the 6th Mediterranean Congress on Treatment of Morbid Obesity and Metabolic Disorders and, he was one of the organizers of IFSO 2013 World Congress in Istanbul. His areas of expertise are Bariatric and Metabolic Surgery in Low-BMI patients, Advanced Bariatric Endoscopy, Endocrine Surgery and Medical Genetics and Surgigenomics. He is an active member of IFSO and numerous national surgical and medical societies.

He is a member of IFSO-EC chapter Development and Communication Committee and Secretary Treasurer of Turkish Obesity Surgery Society.

He is currently working as an associate professor of Surgery in Istanbul University, Cerrahpasa Medical faculty. He is the immediate past president of Young IFSO initiative and European representative of Bariatric Channel. He has more than 50 articles in international journals and 4 international book chapters. He is currently a member of the IFSO-EC Scientific Board.

Fadwa Hammouh, PhD



- * Assistant professor, Nutrition and Dietetics Department/ Faculty of Health Sciences / American University of Madaba, Madaba- Jordan.
- * Held the position of chairperson of the Department from Oct 2018 to Oct 2022.
- *Obtained Ph. D in Human Nutrition and Dietetics from the University of Jordan, Amman; Jordan. Major area: Human Nutrition and Dietetics.
- *Research Interest primarily revolves around Type 2 Diabetes Mellitus, Hypertension, Macronutrients and Micronutrients, Obesity.
- *Published 20 refereed papers in international Journals, and serves as a member for academic journals, and serves as a member of editorial boards for academic journals, engaging in paper reviewing activities.
- * Additionally, Dr. Hammouh has taken on significant roles in professional organizations, including serving as the Head of the Scientific Committee of the Jordanian Dietitians Association in Amman, Jordan.
- *She has also participated in various local technical committees for organizations such as the Jordan Food and Drug Administration and scientific committee for conferences. Furthermore, she is actively involved in university committees, including membership in the commissions for Accreditation of Higher Education Institutions in Jordan.
- * Hammouh's dedication extends to her involvement in academic supervision and examination committees for graduate students. She has also served as a judge for innovative scientific research ideas at institutions such as the Jubilee School and NETC for several years.

Francesco Saverio Papadia



I have been born in Genoa, Italy, on March 25th, 1973, and have attended the German School in Genoa (Deutsche Schule Genua).

I graduated from University of Genoa School of Medicine in 1998, with an MD thesis entitled "Recent physiologic acquisitions and new strategies of use of biliopancreatic diversion in Obesity".

I then enrolled in the General Surgery residency program, University of Genoa School of Medicine in 1998, under the supervision of Professor Nicola Scopinaro. During my training, I have focused primarily on digestive surgery, with special emphasis on bariatric surgery.

I have been appointed Assistant Professor of Surgery at University of Genoa School of Medical and Pharmaceutical Sciences in 2004, and have been staff surgeon at the Surgical Department, University of Genoa School of Medicine, since July 2005. In 2019 I have been appointed Associate Professor of Surgery at University of Genoa School of Medical and Pharmaceutical Sciences.

My clinical and research interests focus primarily on digestive surgery, bariatric surgery and surgical oncology. I have been member of the American Society for Metabolic and Bariatric Surgery since 2003 (member of the Standards Committee in 2004, and of the International Committee in 2016). I currently am Principal Investigator at my hospital for a molecular profiling trial for rare cancer, sponsored by EORTC, and of a preclinical trial conducted with the Italian Institute of Technology.

I have been board certified in surgical oncology by the European Board of Surgical Qualifications (EBSQ) in 2023 (FEBS SurgOnc).

I have authored over 60 publications in peer-reviewed journals and surgical textbooks, and I am Lead Guest Editor and Member of the Editorial Board of Journal of Obesity (Jobes), Hindawi, since 2010.

I have been invited as faculty in international meetings, and I regularly mentor students, residents and fellows.

I am happily married with a wonderful and quite patient wife, Francesca. We have three turbulent kids, Anna, Pietro and Filippo.

Gerhard Prager, M.D.



Professor of Bariatric and Metabolic Surgery
Dept. of Surgery, Medical University of Vienna, Austria

Prof. Gerhard Prager is a worldwide known specialist in minimally invasive/bariatric surgery and Professor of Bariatric and Metabolic Surgery at the Medical University of Vienna. He served as the president of the International Federation of Obesity and metabolic disorders European Chapter (IFSO-EC) and is President of the International Federation of Obesity and metabolic disorders (more than 10.000 surgeons worldwide). Prof. Prager published more than 300 scientific articles, books, book chapters and abstracts.

His scientific work is cited more than 11.500 times and his current H-factor is 56. He has performed himself more than 4500 bariatric/metabolic operations and more than 9000 laparoscopic operations. He trained more than 400 surgeons from all over the world and did live operations during several congresses in various continents.

Member Editorial Board SOARD

Instructor for Master Classes in Bariatric Surgery, Elancourt, France, Covidien

Instructor IRCAD Strassbourg, France

Instructor Bariatric Course Davos, Switzerland

Guest/Key Note speaker at numerous international meetings

Reviewer for numerous Journals

Live operations in India, Europe and Asia

>4500 Bariatric operations performed

Held >120 international surgical courses with >400 participants from more than 45 countries

>300 Scientific articles in peer-reviewed journals

Scientific work cited >11500 times

H-Factor 56

Honorary member of the Czech Surgical Society

Honorary member of the Georgian Bariatric Society

Giovanni Galasso MD



Gastroenterology and Interventional Endoscopy
Pineta Grande Hospital - CastelVolturno - Ce -

Specialist in Gastroenterology and digestive endoscopy
Head of the Gastroenterology Unit of Pineta Grande Hospital, a high-volume hospital center for bariatric surgery
Consultant at 5 hospitals in Italy for bariatric endoscopy
Member of SICOB Guidelines Commission for EB
Proctor for Olympus and Boston Scientific
Member of ASGE, SFED, SIED, SICOB

Dr. Hamzeh Halawani, MD, FACS, FEBS, IFASMBS



Dr. Hamzeh Halawani, MD, FACS, FEBS, IFASMBS trained at Abington-Jefferson, Pennsylvania, USA, and successfully acquired an accredited fellowship in Bariatric and Metabolic Surgery in 2017. Dr. Halawani gained enormous experience in laparoscopic, endoscopic and robotic obesity surgery during his stay in the United States.

Dr. Halawani finished his training in general surgery at the American University of Beirut Medical Center (AUBMC), Beirut-Lebanon 2011-2016. Established in 1886, The American University of Beirut is one of the leading scientific institutions in the Middle East. Moreover, the general surgery program received the distinctive accreditation by The Accreditation Council for Graduate Medical Education (ACGME-I) – USA.

Dr. Halawani is Jordanian Board and European board certified (F.E.B.S), and he is also fellow of the American College of Surgeons.

He specializes in laparoscopic sleeve gastrectomy, laparoscopic Roux en Y gastric bypass, laparoscopic biliopancreatic diversion with duodenal switch, and reversional surgeries, along with all the laparoscopic general surgery procedures. Dr. Halawani is a member in the American Medical Association (AMA), American Society of Metabolic and bariatric surgery (ASMBS), American College of Surgeons (ACS), Society of American Gastrointestinal and Endoscopic Surgeons (SAGES), Jordanian Surgical Society, and Jordanian Medical Association. Dr. Halawani has 18 publications in peer-reviewed journals including the New England Journal of Medicine.

Professor Haris Khwaja DPhil (Oxon) FRCS



Co-Director International Bariatric Club
3504 Umar Avenue
McAllen, Texas
USA
www.ibcclub.org

Director: Fifth IBC Oxford University World Congress
September 17-19, 2024
University of Oxford, UK
<https://youtu.be/GjNgj4Fd2S0?si=9Zf-P85BT3MpajFK>

Consultant Upper GI & Bariatric Surgeon
Chelsea and Westminster Hospital
369 Fulham Road
London, UK

Visiting Professor of Surgery & Faculty
Centre for the Future of Surgery,
University of California San Diego Health, USA
Center for the Future of Surgery (ucsd.edu)

Doctor Hatem JABBES



specialist in general surgery, born on January 23, 1960 in Tunis
Married, father of two children

Medical training:

- October 1978 – September 1985: medical studies at the University of Medicine of Tunis
- April 1986 - March 1990: resident in general surgery in the university hospitals of Tunis
- July 1990: admission to the specialty examination (general surgery)
- November 1990: admission to the national competition for hospital-university assistantship in general surgery
- June 1994: University Diploma of Hepatobiliary Surgery and Hepatic Transplantation at the University Paris Sud, France
- September 1994: University Diploma of Laparoscopic Surgery at the University Paris VI, France
- December 1995: admission to the national Associate professor competition in general surgery

Further training abroad:

- September 1993 - January 1994: internship in the digestive surgery department of Professor R. Parc at the Saint Antoine Hospital, Paris, France
- February 1994 - June 1994: internship in the hepato-biliary center of Professor H. Bismuth at the Paul Brousse Hospital, Paris, France
- July 1994 - November 1994: internship in the laparoscopic surgery department of Professor F. Dubois at the Porte de Choisy clinic, Paris, France
- March 2003: training in surgery of obesity in the service of Doctor Chipponi, Metz, France
- April 2007: training in surgery of obesity in the service of Doctor Dargeant, Lyon, France
- December 2011: training in surgery of obesity, Doctor Michel Gagnier, Montréal, Canada
- February 2016 and March 2017 : training in surgery of obesity in the service of Doctor Dillemans, Brugge, Belgium
- May 2018 : training in bariatric surgery at the Sant Ambrogio Institute of Dr Alessandra Giovannelli, Milan, Italy

Medical Exercise:

- July 1990 - March 1999: Surgeon at the Military Hospital of Tunis
- since April 1999: surgeon installed in the private sector
- Bariatric Surgery since 2003 : between 250 and 300 procedures per year (60% sleeve gastrectomy, 25% OAGB, 10% RYGBP, 5% others), 85% primary procedures, 15% revisional procedures

Associative activity

- January 2004 - January 2012: elected for two successive terms in the Regional Council of Tunis of the College of Physicians
- January 2013: elected for a four-year term at the National Council of the College of Physicians
- March 2011: Founding member of the Association for Research in Surgery of the Digestive System
- September 2023 : Founding member of the Tunisian Bariatric Club
- Member of the SOFFCOMM since 2017
- Member of the IFSO since 2018

Hazem Al Momani, MD FRCS



Dr Hazem Al Momani is the Head of Surgery and Bariatric Surgery Program Director at NMC Royal Hospital-Khalifa City , Abu Dhabi. He is a Consultant Laparoscopic General and Bariatric Surgeon. He finished his surgical training in the UK and at the end of which he was awarded a fellowship in advanced Oesophago-Gastric surgery which he spent in the Cancer Institute Hospital in Tokyo, Japan, learning the principles of surgical treatment of oesophago-gastric cancers. Afterwards, he went on to be awarded the Royal College of Surgeon of England fellowship in advanced Upper GI and Bariatric Surgery. He worked as a Consultant Upper GI and Bariatric Surgeon in the UK and held the position of Senior Honorary Clinical Lecturer at Swansea University, School of Medicine.

Dr Hazem Al Momani is Chair of the Communication Committee of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) and the Middle East and North Africa Chapter of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO-MENAC).

Dr Ibrahim Tuffaha



DR. IBRAHIM MOHAMMAD TUFFAHA
CONSULTANT GENERAL PRACTITIONER - MCH . - DIABETES & CDC

EDUCATION

High school Scientific Stream Al Ta Secondary School Avg. 90% Amman (1978)

BSc of medicine and surgery University Of Catania Avg. 96 / 110 Italy (1987)

Diploma of Diabetes George Washington University 24 Credit hours USA
(2006)

Master of diabetes Leicester University Distinction Grade England (2015)

WORK EXPERIENCE

Resident Doctor Al Basheer Hospital and Islamic Hospital Jordan (Mar.1988-Mar.1989)

Family & General Surgery Doctor Ministry of Health Saudi Arabia (1989 - 1997)

Own Private Clinic Jordan (1997 - Present)

COURSES & CERTIFICATES

- MCH (Maternity & Child Care) course 3 months (Saudi Arabia)

- Leishmania screening & treatment (Saudi Arabia)

- Tuberculosis (Saudi Arabia)

- COPD course sponsoring by BOEHREINGER (Jordan)

- Attend More than 6 medical conferences and international conferences yearly.

- Speaker in many conferences :

Mediterranean cancer congress 2016 (Own research : Diabetes & cancer)

GP Jordanian conference 2016 , 2017 , 2018 , 2019 , 2020 , 2021 , 2022

Imad Salih Kasapoğlu



Opr. Dr . Imad Salih Kasapoğlu was born in 1973 in Mosul. in 1997, he graduated from the Faculty of Medicine. in 2005, he earned the title of specialist in General Surgery. During his 17 years of surgical experience, he has performed over 15,000 successful laparoscopic and obesity surgeries. In the last 9 years of his career, he has focused on obesity and metabolic surgery. For the last 3 years, he has established a ministry-approved obesity center at Yalova Private Atakent Hospital and is at the service of his patients.

Professional Organizations & NGOS:

1997 – Member Of Iraqi Medical Association

2005 - Member Of Iraqi Committee of Laparoscopic surgery

2015 member of TOSS (Turkish Obesity Surgical Society)

2016 member of IFSO (İnternational Fedaration of Surgery of Obesity)

Research & Publications:

The diagnostic value of MRCP versus ultrasound in obstructive jaundice was approved by

examination committee in June 2004.

2013 Harmonic versus electrocautery in the dissection of gall bladder in laparoscopic cholecystectomy

2014 Risk factors for development of port site hernia after laparoscopic cholecystectomy

2014 Laparoscopic management of hepatic hydatid disease, what makes it safe and effective?

2019 Evaluation of the Efficacy of Single Anastomosis Sleeve Ileal (SASI) Bypass for Patients

with Morbid Obesity: a Multicenter Study .

Jehad Hasouneh



Dr Jehad Saleh Hasouneh.

Consultant of General laparoscopic and bariatric surgery.

Chief of surgical department in Tulkarem Governmental Hospital.

Former chief surgical

department at the Red Crescent Society Hospital Tulkarem.

Associated Professor at A Najah faculty of medicine.

Chief of Bariatric surgical department at Al Itihad hospital Nablus city.

Dr Khalid El-Maaytah



Consultant Plastic and Reconstructive Surgeon
Jordanian Board in Plastic Surgery
Jordanian board in general surgery

President American College of Surgeons-Jordan chapter

Chair of Scientific Committee at the Jordanian Society of Plastic and Reconstructive Surgeons

Member of the British Society of Plastic and reconstructive Surgeons

Member of the American Society of Plastic Surgeons

Mohammad Alhuniti



Mohammad Alhuniti has graduated from the Jordan university school of medicine at the age of 23, Jordan. Then he completed the surgical residency program at the royal medical services and have a license i as general surgeon specialist from the Jordan medical council, then he completed the fellow ship of minimal invasive and bariatric surgery at the royal medical services and certified from the Jordan medical council as minimal invasive and bariatric surgeon, and completed a fellowship and master degree in minimal invasive and bariatric surgery from CHU de Nice. Le Centre Hospitalier Universitaire de Nice , He is a minimal invasive and head of bariatric surgery department at royal medical services, Jordan.

And Tutor and examiner for medical student at Jordan university, And Tutor and examiner for surgical resident and board examiner at Jordan medical council, He has over 30 publications that have been cited over 100 times,. He has been serving as an editorial board member of several reputed journals.

Mohammad Aziz Alhajawi



Mohammad Rasheed



Dr Mohammed M Rashid is a consultant gastroenterologist and hepatologist, he qualified from the university of London and is triple accredited in Gastroenterology, internal medicine and hepatology, he spend most of his training in central London hospitals such as the Royal Free and Bart's and the Royal London hospital, he worked in substantive post as a consultant gastroenterologist in western Sussex NHS Trust and lead the hepatology service. He also trained in advanced endoscopy and EUS. He then moved to the university of Jordan and became the chairman of gastroenterology services.and then moved to the private sector. He has so many publications in international journals such as GUT, BMJ, Journal of Hepatology and Hepatoloy.

Dr Mohammad Nebih Nofal, MD, PhD



Consultant minimally invasive and Bariatric
Associate Prof in General Surgery Department
Chairman of General Surgery Department
Faculty of Medicine
Mutah University
Mutah, Al-karak, Jordan

Muhammad Abdelwahhab Alzaitawi



Fellow of American College of Surgery FACS
Fellow of American Society of Metabolic and Bariatric Surgery FASMBS
Consultant of General and Gastrointestinal Surgeon
Member of IFSO
Member of IBC

Prof. Mustafa Şahin



Educational Qualifications

Ankara University Medical Faculty
Ankara/TURKEY, 1981-1987

Clinical Experience

(including training) Erciyes University Medical Faculty, Department of General Surgery (Surgical Training), Kayseri/Turkey 05.05.1987 - 05.05.1993

Ankara Numune Training and Research Hospital, Department of Surgery, (General Surgeon), Ankara-Turkey
01.11.1993-27.12.1995

Selçuk University Medical Faculty, Department of General Surgery, Konya-Turkey,
1995-2020

Ass. Prof. Dr. 1995-1999

Asc. Prof. Dr. 1999-2004

Prof.Dr. 2004-

Chief Dr. 2008-2011

Vice Rector 2011-2016

Rector 2016-2020

Surgically Interested in;

-Obesity (Bariatric and Metabolic) Surgery, (performed more than 1800 bariatric procedures, wide experience about the physiological and metabolic effects of bariatric procedures)

-Hepato-pancreato-biliary surgery

-Oncologic Surgery

-Surgical Research and Experimental Surgery

Training Courses University Libre de Bruxelles, In Intensive Care Unit, Brussels-Belgium, 1997

Bordeaux Obesity Surgery Clinic, Bordeaux-France, 2002-2003

Hammer Smith Hospital, Dept. of Liver Surgery, London-England, 2004

Publications and Memberships

(if applicable) Published 245 Scientific Articles

Written 11 Book Chapters

3 International patents and produced prototyp of a new surgical stapler

President of Turkish Obesity Surgery Society 2018-

Delegates of TOSS in IFSO

Member of Turkish Hepato-pancreato-biliary Surgery, Since 1996

Member of Turkish Surgical Society Since 1996,

European Society for Surgical Research since 1999

Present working hospital Private BUYUK ANADOLU HOSPITAL DARICA/KOCAELI
TURKIYE

Nese Targen



Nese Targen
Flat 9A, Doughty House, Netherton Grove, London, SW10 9TQ
E-mail: info@nesetargen.com
Tel: 07789092845

EDUCATION

2013 –2014 Oxford Brookes University, UK
MSc in Applied Sport and Exercise Nutrition Merit
2010 – 2013 Plymouth University, UK
BSc (Hons) Dietetics 2.1
2009 – 2010 University of Wales Institute, Cardiff, UK
Foundation in Health and Social Sciences 76.2%

WORK EXPERIENCE

Chelsea and Westminster NHS Foundation Trust (04/12/2017 – to date) – working as a senior specialist bariatric dietitian

Main responsibilities:

- Working closely with a specialist multidisciplinary team and attended fortnightly MDT meetings.
- Educating and preparing patients for bariatric surgery, providing pre- and post-operative dietary and lifestyle advice to enhance and/or maintain the weight loss for long term.
- Dietary management of post-bariatric complex inpatients on surgical wards (tube feeds/nutrition support)
- Working with diverse and multicultural patients with significant barriers to understanding the essential, complex dietary needs and treatment plan
- Managing and supervising junior colleagues in their role (i.e. band 6/band5/band 4 dietitians), training student dietitians during their placements and delivering tutorials to junior doctors and dietitians/healthcare professionals in other trusts.
- Undertaking service development projects i.e. audits/ developing evidence-based dietary resources for the patients

- Delivering presentations at national and international conferences (United Kingdom/ Turkey/ Peru etc)
- Organising study days such as 'London Bariatric Dietitians Meet Up' event in London in November 2023 which will continue to occur in every 6 monthly.
- Committee member of British Dietetic Association Obesity Specialist Group and an active member of BOMSS research group.
- Homerton University Hospital NHS Foundation Trust (October 2016- December 2017) – worked as a specialist bariatric dietitian
- King's College Hospital NHS Foundation Trust – (May 2016 –October 2016) – worked as a complex obesity and Tier 3 dietitian
- Maidstone and Tunbridge Wells NHS Trust (February 2015-February 2016) - worked as a clinical dietitian (covered several wards including elderly care, oncology, respiratory, cardiology, stroke and general outpatient clinics).

OTHER WORK EXPERIENCE

Freelance Dietitian: At present, I provide private dietetic and nutrition consultations online and in-person in London, Kantor Medical Centre, King Edward's VII Hospital and Private Outpatient Unit at Chelsea and Westminster Hospital. Collaborated with Istanbul Bariatric Centre and working privately as a freelance specialist bariatric dietitian with them.

PUBLICATIONS:

A.Delextrat, N, Targen, G. Impson-Davey, D.Kapsis, J.Bateman, N.Terrados, J. Calleja-Gonzalez (2020). 'Effects of supplementation with Creatine Monohydrate and Beta-Alanine, Alone or Combined, on Repeated Sprint Performance and Physiological Parameters in Amateur Team and Racket Sport Players.' *Kinesiology* 52 (1), pages 125-123

A.Delextrat, J. Bateman, P. Esser, N. Targen, H. Dawes. (2016) The potential benefits of Zumba Gold® in people with mild-to-moderate Parkinson's: Feasibility and effects of dance styles and number of sessions. *Complementary Therapies in Medicine* 27, pages 68-73

PROFESSIONAL QUALIFICATIONS AND MEMBERSHIP OF PROFESSIONAL INSTITUTIONS

HCPC Registered Dietitian in the UK (DT27904) Member of British Dietetic Association (BDA)

Member of British Obesity & Metabolic Surgery Society (BOMSS)

Member of International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO),

REFERENCE

Mr Naim Fakh-Gomez (Consultant Upper GI and Bariatric Surgeon), Chelsea and Westminster Hospital, London, United Kingdom, Email: naim.fakhgomez@nhs.net Tel: +447510989185

Mr Haris Khwaja (Consultant Upper GI and Bariatric Surgeon), Chelsea and Westminster Hospital, London, United Kingdom, Email: h.khwaja@nhs.net Tel: +447714093403

Mr Evangelos Efthimiou (Consultant Upper GI and Bariatric Surgeon, Head of Bariatric Surgery Unit), Ahmad Al Jaber Hospital, Kuwait, Email: e.efthimiou@doctors.org.uk Tel: +447980606425|

Dr Osama Damrah MD FRCS(Gen.Surg)



Consultant Upper GI & HPB Surgeon

Trained in Laparoscopic upper gastrointestinal and hepatobiliary surgery in United Kingdom and practiced there as Consultant Surgeon in Yorkshire Region.

Assistant Professor of Surgery in the Hashemite University between 2013-2016.

Currently working in My clinic at the Arab Medical Center , a high volume service with interest in complex and revisional bariatric surgery.

Osama H Hamed, MD, FACS, DABS



Dr. Hamed obtained his medical degree from University of Jordan School of Medicine with highest honors. After that he pursued his surgical training in the United States, he finished his General Surgery Residency from Cincinnati Ohio, then performed 2 fellowships, one in Advanced Minimally Invasive and Bariatric Surgery at the University of Maryland in Baltimore and the second in Liver, Pancreas and Gastrointestinal Tumors Surgery from Penn State University in Hershey Pennsylvania, Dr. Hamed is also a certified Diplomate of the American Board of Obesity Medicine (ABOM).

He joined King Hussein Cancer Center KHCC department of Surgery as Consultant in Surgical Oncology and Minimally Invasive Surgery where he established a busy Hepatopancreatobiliary and GI oncology practice, he pioneered the introduction of advanced minimally invasive surgery for all kinds of GI malignancies at KHCC.

Currently Dr. Hamed holds the following positions: director of the Specialized Gastrointestinal, Liver, Pancreas and Bariatric Surgery Clinic in Amman; part-time lecturer at the Department of Surgery in the Faculty of Medicine University of Jordan, He is also member of the HPB surgery board committee for the Jordan Medical Council. Dr Hamed is a founding member of the Jordan chapter of the American College of surgeons, and he served as the first secretary of the chapter, during his time the ACS Jordan chapter had performed multiple successful regional and local events and very successful jeopardy competition among surgery residents. In addition to his passion about surgical education Dr. Hamed's main interest is the application of Minimally Invasive Surgery in Complex GI Oncology and multidisciplinary management of Colorectal Liver Metastasis, Bariatric Surgery with special focus on revisional procedures and surgical treatment of type II Diabetes Mellitus.

He has multiple publications in peer-reviewed journals and book chapters, he is also a member of the Middle East and North Africa National Comprehensive Cancer Network MENA-NCCN for the colon cancer and hepatocellular carcinoma committees, also he is a founding member and council member of the Jordan Obesity Society.

Prof. Paolo Gentileschi



Ramiz Mukhtar



- 1991** Graduated from medical school
- 1998** FRCS accreditation
- 2000-2017** Member of Baghdad medical school Faculty
- 2018 TILL NOW** President of Iraqi Bariatric & metabolic surgery society
- 2018 TILL NOW** Member of Iraqi & Arab Board of Bariatric surgery faculty
- 2019** Surgeon of excellence in metabolic & Bariatric surgery
- 2021** Surgeon of Excellence in Hernia Surgery

Rasha Odeh MBBS, MRCPCH



Dr Odeh is an associate professor of Pediatrics and pediatric endocrinology at the University of Jordan. She finished a 3 year fellowship in pediatric endocrinology and diabetology at the children's hospital / university of Leipzig – Germany in 2011 and joined the university of Jordan since 2012.

She is currently the chair of education committee at ASPED.

She is Jordan's representative in the Arab Society for Pediatric Endocrinology and Diabetes and member of the diabetes committee in the society. She is also a member of the European Society for Pediatric Endocrinology (ESPE) and the International Society for Pediatric and Adolescent Diabetes (ISPAD).

She has several publications in the field of type one diabetes and other fields of pediatric endocrinology.

Ruba Musharbash, Ph.D.



Graduated from Jordan University in 2018 with a degree in nutrition and dietetics. Her research interests include food addiction and nutrition. She owns a clinic that specializes in obesity and medical diseases, as well as an online platform entitled www.rubadiet.com, which provides consultations, courses, and nutritional information and recipes. She has been a nutrition segment presenter on Roya TV's morning show since 2011, and she has been on several television and radio shows. She just started a new project to make healthy food, introducing a Moringa bread with wheat that has been certified by the Jordanian food and Drug Administration. Ruba is also an author of nutrition stories for children. Ruba also teaches online nutrition courses in partnership with the American University of Madaba, which seek to raise dietitians' understanding of health and nutrition.

Safwan A Taha.
MD, FACS, FRCSGlasg, CABS, MSMBS, SOEMBS.



Safwan AbdulRahman Taha graduated from Basrah College of Medicine, IRAQ, on 1983 with honors and became Professor of Surgery, with distinction, on 2000 and then founding Dean of Thi-Qar College of medicine, IRAQ, in 2003. He holds Fellowship of the Royal College of Physician and Surgeons of Glasgow, Fellowship of the American College of Surgeons, Diploma in laparoscopic Surgery from Louis Pasteur University; France and the Certificate of the Arab Board of Surgery.

Prof. Taha is member of the ASMBS, IFSO, SAGES and ELSA and is designated by the Surgical Review Corporation (USA) both as "Master Surgeon in Metabolic and Bariatric Surgery" and "Surgeon of Excellence in Metabolic and Bariatric Surgery".

He was a founding member of the Emirates Obesity Surgery Interest Group, currently the Emirates Society of Metabolic and Bariatric Surgery (ESMBS), is an international speaker, has more than 40 published papers and serves as "Reviewer" for "Obesity Surgery", the official Journal of IFSO.

Prof. Taha is currently:

- Consultant and Director of the Bariatric and Metabolic Surgery Centre (COEMBS), Mediclinic Airport Road Hospital, Abu Dhabi; UAE.
- Adjunct Clinical Professor of Surgery, College of Medicine and Health Sciences, Khalifa University of Science and Technology, Abu Dhabi; UAE.
- Adjunct Clinical Associate Professor of Surgery Mohammed Bin Rashid University of Medicine and Health Sciences, Dubai; UAE.

Sami Salem Ahmad



- High School / Hamburg / Germany
- Faculty of Medicine / Hamburg - Graduated in 1987 AD
- Specialist in general surgery / Hamburg, Germany
- Consultant Gastrointestinal Surgeon / Hamburg
- Consultant Gastrointestinal and Laparoscopic Surgeon/London
- MD University of Hamburg
- FRCS Edinburgh
- Facharzt, Hamburg
- Consultant Surgeon, Bariatric Surgeon Roserlinik Stuttgart
- Founder and president of the Jordanian Society for Obesity Surgery
- Performing Bariatric Surgery since 1991.

Suhaib Ahmad, MBChB, MD(Res), MSc



Dr. Suhaib Ahmad, MBChB, MD(Res), MSc(Distinction;Laparoscopic Surgery and Surgical Skills), MRCS(London), FRSA.

Supervisor for Doctorate Students at the University of Bern, Bern Switzerland.

Honorary Lecturer at the University of Bern, Bern Switzerland.

Honorary Fellow of Royal Society of Arts, led by Princess Anne of Edinburgh.

Department of Gastrointestinal Surgery

Betsi Cadwaladr University Health Board,

Bangor LL57 2PW, North Wales,

United Kingdom.

https://www.researchgate.net/profile/Suhaib_Ahmad

<https://scholar.google.co.uk/citations?user=pPjja5EAAAAJ&hl=en&oi=a>

Suzan Bakhit



DR SUZAN BAKHIT

One of few female plastic surgeons in Jordan. graduated in 2004 from Jordan university of science and technology. Practiced in the royal medical services till 2017; now is managing her own clinic in the private sector.

A mother of two wonderful children.

A member of the international society of plastic surgeons, and the Jordanian plastic surgery association.

Active member in many charity foundations.

Believes in the kindness of human race. loving life, art and music.

Beauty lies within ... only from the heart you can touch the sky ...

Tagleb Mazahreh, M.D, Ph.D., MRCS, AFRCSI



Tagleb Mazahreh, M.D, Ph.D., MRCS, AFRCSI

Education and qualifications:

1992-1998 School of Medicine, Jordan University of Science and Technology (JUST), Irbid, Jordan

1998, MD Degree, Jordan University of Science and Technology

2004, Higher specialization Training in General Surgery, Jordan University of Science and Technology

2005, Jordanian Board in General Surgery

2007, Member and Fellow of The Royal College of Surgeons in Ireland (MRCSI, AFRCSI)

2007-2010, Fellowship in Advanced Laparoscopic Surgery in Colorectal and Bariatric, G.d Annunzio University, Chieti, Italy

2010, Assistant Professor, Faculty of Medicine, General Surgery and Urology Department, Jordan University of Science and Technology, Irbid, Jordan

2014, a Ph.D. degree in clinical oncology and molecular pathology (Dottore di Ricerca in Oncologia e Patologia Molecolare Clinica), Chieti, Italy

2019, Associate Professor, Faculty of Medicine, General Surgery and Urology Department, Jordan University of Science and Technology, Irbid, Jordan.

Author or co-author of more than 30 publications.

Experience

2005-2007, Lecturer, School of Medicine, Jordan University of Science and Technology, Irbid, Jordan

2007-2010 Fellow in Advanced Laparoscopic surgery, Minimal Invasive Surgery, Colorectal and Bariatric, G.d Annunzio, Chieti, Italy

2010-2019 Assistant Professor, Faculty of Medicine, Jordan University of Science and Technology

2010-present Consultant of General and Minimal Invasive Surgery (Gastrointestinal and Bariatric Surgery) King Abdullah University Hospital (KAUH), Irbid, Jordan

2010-present examiner for undergraduate and postgraduate students at different hospitals in Jordan.

2014-2016 Dean Assistant, Faculty of Medicine, JUST, Irbid, Jordan

2018-2022 Chairman of General Surgery and Urology Department, JUST, KAUH
Memberships
Member of the Jordanian society of surgeons (JORSS)
Member of the Jordanian Oncology Society (JOS)
Chairman of the scientific committee of the Jordanian Society for obesity surgery (JSOS)
Member of the International Federation for the Surgery of Obesity (IFSO)
Member of the Scientific Committee of the Jordanian Medical Council in General Surgery,
Jordanian Board Examiner, 2017-2022
Member of the Italian Academy for Laparoscopic Surgery
Member of the Arab Board for Health Specialization (Programm and Training),
2023-present

Yasmeen Abuhazeem



Dr. Yasmeen Abuhazeem

General and bariatric surgery specialist

I had the Jordanian board in general surgery with more than 8 years experience in bariatric surgery

A member in IFSO, JMA, JSOS

www.jordan-valley.com

For more information please contact

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